JAV SPECTRUM

FEBRUARY 2024

Excel Through Education

Pythagoras was not only a mathematician and musician but also a philosopher. He believed in the transmigration of the soul and the importance of living a virtuous life. Pythagoras is also credited with discovering the Golden Ratio, a mathematical ratio found in nature and in many works of art and architecture.

I am pleased to present an Art Integrated picture, skillfully drawn by Mr. Mohan, the Head of the Performance Art department. This Canvas painting embodies the theme of Pythagoras, relating to mathematics, under the advice and guidance of our esteemed faculty members.

I extend my sincere gratitude to our respected Principal and my dear teachers for granting me the opportunity and providing valuable guidance throughout this artistic endeavor.

Mohan P
Art Teacher & HoD – Performing Arts dept

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Pariksha Pe Charcha 2024

Principal's Desk



Greetings to all of you!

Standing true to the motto of our school 'Every child, every day, a leader', JAV has been constantly finding avenues and ways through which we can make children in our charge 'Better Every day'.

We believe that every student should be able to adapt to the global scenario that they would be a part of – the scenario that is in a constant state of flux – the scenario where change is the only constant. We need to train the wards in our charge to be steadfast in an ever changing environment, using their skill, their core competence and thinking out of the box to make sure their success is not a probability but a certainty.

Through various activities and programs, we will focus on building better children for the VUCA world which they will inhabit. This can be done by making them future-ready through skills which are participative, collaborative and innovative. This cannot be dispensed only within classroom walls through text books and tests, but gained and assimilated from experiential learning and living by embracing the 'intangibles' which will prepare them to face and welcome change.

We, at JAV believe that instead of creating a better world for our children, why don't we focus on building better children for the VUCA world which they will inhabit. This can be done by making them future-ready through skills which are participative, collaborative and innovative.

Principal's Desk

This cannot be dispensed only within classroom walls through text books and tests, but gained and assimilated from experiential learning and living (which these students are experiencing in some way as of now when they try to learn using virtual platforms), by embracing the 'intangibles' which will prepare them to face and welcome change.

Let's join hands for better nurturing of our children!

"Better Everyday"
With Regards,
Prashant Muley
Principal
JAV & JPUC



Pariksha Pe Charcha 2024

Theme

Pariksha Pe Charcha

Dear Parents, Teachers, and Students,
We are excited to announce that the theme for the February 2024 newsletter is Pariksha Pe Charcha. With the examination season approaching, it is essential to address the various aspects related to exams and provide valuable insights to our students.

This edition of the newsletter will delve into the sub-themes of coping with exam stress, providing tips for effective preparation, showcasing interviews with consistent top scorers from Grades 4 to 12, and discussing study habits and plans. We believe that these topics are crucial for students as they gear up for their upcoming examinations.

Contributions from both staff and students have been instrumental in shaping the content of this newsletter. Their insights, experiences, and advice will serve as valuable resources for our students as they navigate through the challenges of exams. From practical study tips to personal anecdotes of success, each contribution is aimed at empowering our students to perform their best and excel in their academic endeavors.

We understand that exam stress can be overwhelming, and it is our collective responsibility to support our students during this time. By providing them with practical strategies, motivational stories, and expert advice, we aim to alleviate their stress and instill confidence in their abilities.

As parents, teachers, and mentors, let us come together to create a supportive environment where our students feel encouraged to reach their full potential. Let us remind them that success is not just about achieving high grades but also about personal growth, resilience, and determination.

We hope that this edition of the newsletter will serve as a guiding light for our students, helping them navigate through the challenges of exams with confidence and determination. We wish all our students the very best for their upcoming examinations and remind them that we are here to support them every step of the way.



Pariksha Pe Charcha By P.M

Pariksha Pe Charcha 2024

Venue: School Auditorium, through Virtual Mode.

Attended by: The Principal, Staff & Students.

Grade 10 students tuned in to receive valuable advice from Prime Minister Narendra Modi during the 'Pariksha pe Charcha' program ahead of the 2024 Board Exams. Addressing the issue of excessive mobile phone usage, PM Modi shared insightful tips, including a technique to fall asleep within 30 seconds.

Highlighting the detrimental effects of prolonged screen time, PM Modi emphasized the importance of prioritizing sleep. He cautioned against the negative impact of incessant scrolling on academic performance and overall well-being, stressing the significance of quality rest for optimal health.

Furthermore, PM Modi underscored the importance of maintaining a balanced diet and regular exercise regimen, likening daily exercise to the non-negotiable habit of toothbrushing. He emphasized the critical role of deep sleep in children's development, sharing personal insights on how to achieve restful sleep effortlessly.

PM Modi's words resonated deeply with the young audience, imparting invaluable wisdom on the importance of holistic well-being during the crucial exam period.

Pariksha Pe Charcha By P.M













Pariksha Pe Charcha 2024

Pariksha Pe Charcha By P.M













Pariksha Pe Charcha 2024

Pariksha Pe Charcha

Here are some examination tips for students:

1) Start Early: Begin your preparations well in advance to avoid last-minute stress. Create a study schedule and stick to it.

2) Organize Notes: Organize your study materials, notes, and textbooks systematically. Summarize key points and create concise study aids like flashcards or mind maps.

3) Understand the Syllabus: Ensure you have a clear understanding of the entire syllabus. Focus on important topics and prioritize areas where you need more practice.

4) Practice Regularly: Practice previous years' question papers and sample papers to get acquainted with the exam pattern and time management. Simulate exam conditions during your practice sessions.

5) Stay Healthy: Maintain a healthy lifestyle with regular exercise, proper nutrition, and sufficient sleep. Avoid late-night study sessions before the exam day.

6) Revision is Key: Allocate time for regular revision sessions to reinforce concepts and ensure better retention of information. Use different revision techniques like recitation, teaching others, or discussing with peers.

7) Stay Calm: Manage exam anxiety by practising relaxation techniques like deep breathing or meditation. Stay positive and confident in your preparation.

8) Read Instructions Carefully: Read the exam instructions thoroughly before starting the paper. Pay attention to details like question weightage, marking scheme, and any special instructions.

Pariksha Pe Charcha 2024

Pariksha Pe Charcha

9) Manage Time Effectively: Divide your time wisely among different sections of the paper. Allocate more time to questions that carry higher marks but ensure you attempt all questions.

10) Stay Focused: Focus on one question at a time and avoid distractions during the exam. If you get stuck on a question, move on and come back to it later.

Remember to stay motivated, believe in yourself, and give your best effort. Good luck with your exams!

-By
Mr. Nasir Basha
P.G.T (English)
JAV

Pariksha Pe Charcha

The Class X English teachers are providing guidance and support to remedial students regarding the English question paper pattern and effective strategies for solving it during examinations. They are offering valuable tips and insights to help these students improve their performance and achieve better marks. The teachers are focusing on understanding the question paper format, mastering key concepts, and practicing effective time management techniques. By offering personalized assistance and targeted advice, the teachers are empowering remedial students to approach their English exams with confidence and competence. This initiative aims to ensure that all students, regardless of their academic background, have the necessary tools and support to succeed in their English examinations.





Pariksha Pe Charcha 2024

Pariksha Pe Charcha





As we are aware, the forthcoming Grade IX examination will be conducted similarly to the Grade X board examination. Hence, a Pariksha Pe Charcha session was conducted for 9/C students to address stress, anxiety, and confusion. The session aimed to solve doubts and engage in discussions with the students.



Pariksha Pe Charcha

ಪರೀಕ್ಷೆಯ ಭಯ ಬೇಡ



ಸವಿತ ಎಸ್ ನಾಯ್ಕ್
ಕನ್ನಡ ಶಿಕ್ಷಕಿ

ಪರೀಕ್ಷೆ ಎಂದರೆ ಪರಿಶೀಲನೆ ಎಂದರ್ಥ. ಪ್ರತಿನಿತ್ಯವು ಪ್ರತಿಯೊಬ್ಬರು ಒಂದಲ್ಲ ಒಂದು ರೀತಿಯ ಪರೀಕ್ಷೆ ಎದುರಿಸುತ್ತಿರುತೇವೆ.ಅಮ್ಮ ನಾಳೆ ಏನು ಅಡುಗೆ ಮಾಡಬೇಕು? ಎನ್ನುವ ಪ್ರಶ್ನೆಗೆ ಉತ್ತರ ಹುಡುಕುವುದನ್ನು ನಾವು ದಿನನಿತ್ಯ ನೋಡುತ್ತಿರುತ್ತೇವೆ. ಯಾಪಾರಿ ತನ್ನ ವ್ಯಾಪಾರವನ್ನು ಹೇಗೆ ಎಲ್ಲಿ ಮಾಡಬೇಕು ಎನ್ನುವ ಪ್ರಶ್ನೆಗೆ ತನ್ನದೆ ಉತ್ತರವನ್ನು ಕಂಡುಕೊಳ್ಳಲು ಪ್ರಯತ್ನಿಸುತ್ತಿರುತ್ತಾನೆ. ಪಂದ್ಯಾಟಗಳನ್ನು ಆಡುವ ಕ್ರೀಡಾಪಟುಗಳು ಹೇಗೆ ಆಡಬೇಕು ಎದುರಾಳಿಗಳನ್ನು ಹೇಗೆ ಎದುರಿಸಬೇಕು? ಸೋಲಿಸಬೇಕು ಎಂಬ ಪ್ರಶ್ನೆಗೆ ಉತ್ತರ ಹುಡುಕಲು ಮಾಡುವ ಪ್ರಯತ್ನವನ್ನು ನಾವೆಲ್ಲ ನೋಡಿದ್ದೇವೆ. ಪ್ರತಿ ಪ್ರಾಣಿ ಪಕ್ಷಿಗಳು ತಮ್ಮ ಆಹಾರ ಹುಡುಕುವ ಪ್ರಶ್ನೆಯನ್ನು ಹಾಕಿಕೊಂಡು ಉತ್ತರವನ್ನು ಹುಡುಕಿಕೊಳ್ಳಲು ಪ್ರತಿನಿತ್ಯ ಪ್ರಯತ್ನಿಸುತ್ತಿರುತ್ತವೆ.ಹಾಗಾದರೆ ಪರೀಕ್ಷೆಯು ಜೀವನದ ಸರ್ವೇಸಾಮಾನ್ಯವಾದ ಒಂದು ಅವಿಭಾಜ್ಯ ಅಂಶವೆಂದೆ ಆಯಿತು.

ವಿದ್ಯಾಭ್ಯಾಸ ಮತ್ತು ಪರೀಕ್ಷೆ

ಶಾಲ ಶಿಕ್ಷಣದಲ್ಲಿಯೂ ಜೀವನದಲ್ಲಿರುವಂತೆ ನಿತ್ಯ ಪ್ರಶ್ನೆ ಉತ್ತರಗಳು ಸಾಮಾನ್ಯ ಆದ್ದರಿಂದ ಪರೀಕ್ಷೆಗೆ ಹೆದರುವ ಅಗತ್ಯವಿಲ್ಲ.ಪರೀಕ್ಷೆ ಎಂದ ಕೂಡಲೆ ಆತಂಕ,ಉದ್ವೇಗಕ್ಕೆ ಒಳಗಾಗುವ ಅಗತ್ಯವಿಲ್ಲ.ಪರೀಕ್ಷೆ ನಿರ್ಣಯಕವಾಗಿದ್ದು ನಮ್ಮ ಭವಿಷ್ಯವನ್ನು ರೂಪಿಸುತ್ತದೆ ಆದ್ದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಪರೀಕ್ಷೆಗೆ ಭಯಪಡುವುದನ್ನು ಕಾಣುತ್ತೇವೆ.ಭಯ ಪಡುವುದರಿಂದ ಓದಿದ ವಿಷಯವು ನೆನಪಿಗೆ ಬಾರದೆ ಮರೆತು ಹೋಗಿಬಿಡುತ್ತದೆ.

ಪರೀಕ್ಷೆಯನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಪೂರೈಸುವ ಮಾರ್ಗೋ:ಪಾಯಗಳು

ಬೌಲರ್ ನಿಂದ ಬ್ಯಾಟ್ಸ್ ಮ್ಯಾನ್ ಗೆ ಬರುವ ಪ್ರತಿ ಚೆಂಡು ಹೊಸದಾಗಿರುತ್ತದೆ ಪ್ರತಿ ಎಸೆತದಲ್ಲು ಬೌಲರ್ ಬೇರೆ ಬೇರೆ ರೀತಿಯ ಪಟ್ಟುಗಳನ್ನು ಬಳಸಿ ಎಸೆಯುತ್ತಿರುತ್ತಾನೆ.ಆದ್ದರಿಂದ ಬ್ಯಾಟ್ಸ್ ಮ್ಯಾನ್ ಕೂಡ ಪ್ರತಿ ಹೊಸ ಎಸೆತಕ್ಕೆ ಹೊಸ ರೀತಿಯಲ್ಲಿ ಬ್ಯಾಟ್ ಬೀಸುತ್ತಾನೆ. ಅದರಂತೆ ಪರೀಕ್ಷೆಯಲ್ಲಿ ಅನೇಕ ಹೊಸ ಪ್ರಶ್ನೆಗಳು ಕೇಳಲ್ಪಡುತ್ತವೆ.ಅದಕ್ಕೆ ಪೂರ್ವತಯಾರಿ ಅಗತ್ಯವಿರರುತ್ತದೆ.ಕ್ರಿಕೆಟರ್ ಗಳು ನೆಟ್ ಪ್ರಾಕ್ಟ್ ಸ್ ಮಾಡಿದಂತೆ ವಿದ್ಯಾರ್ಥಿಗಳು ದಿನನಿತ್ಯ ಅಭ್ಯಾಸ ಮಾಡಬೇಕು.ನಿತ್ಯ 6 ರಿಂದ 8 ಗಂಟೆಗಳು ಸ್ವಯಂ ಅಭ್ಯಾಸ ಎಂತಹ ಕಠಿಣ ಪರೀಕ್ಷೆಗು ಸಿದ್ಧರಾಗುವಂತೆ ಆತ್ಮವಿಶ್ವಾಸ ತುಂಬುತ್ತದೆ.

ಏಕಾಗ್ರತೆ

ನಾವು ಕೇಳಿದ್ದು ಶೇ 20 ರಷ್ಟು ನೆನಪಿರುತ್ತದೆ ಆದ್ದರಿಂದ ಶಿಕ್ಷಕರು ಹೇಳುವಾಗ ಏಕಾಗ್ರತೆಯಿಂದ ಪಾಠ ಕೇಳಿಸಿಕೊಳ್ಳಬೇಕು.ನಮಗೆ ಎರಡು ಕಿವಿಗಳಿವೆ ಎರಡು ಕಣ್ಣುಗಳಿವೆ ಕಾರಣ ಎರಡೆರಡು ಸಾರಿ ಕೇಳು ಎಂದರ್ಥ ಏಕಾಗ್ರತೆ ನಿರ್ಮಾಣ ಮಾಡಿಕೊಳ್ಳುವುದು ಪ್ರತಿಯೊಬ್ಬರ ಕೈಯಲ್ಲಿದೆ.ಅದಕ್ಕೆ ನಮ್ಮ ಪಂಚೇದ್ರಿಯಗಳನ್ನು ಚುರುಕಗೊಳಿಸಿಕೊಳ್ಳಬೇಕು.ಪಚೇಂದ್ರಿಯಗಳನ್ನು ಚುರುಕುಗೊಳಿಸಲು ದೈಹಿಕ ವ್ಯಾಯಮ ಅಗತ್ಯ..ನಿತ್ಯ ಮನೆಯಲ್ಲಿ ಸರಳ ವ್ಯಾಯಮ ಮಾಡುವುದರಿಂದ ದೇಹದ ಎಲ್ಲಾ ಅಂಗಗಳು ಚುರುಕಾಗುತ್ತದೆ.ಧ್ಯಾನ ಹಾಗು ಆಟದಿಂದಲು ಏಕಾಗ್ರತೆ ಸಾಧಿಸಬಗಹುದು.

ದೂರವಿರಿ

ಮೊಬೈಲ್.ಟಿ.ವಿ,ಇಂಟರ್ ನೆಟ್ ನಿಂದ ಎಷ್ಟು ದೂರವಿರುವಿರೋ ಅಷ್ಟು ಯಶಸ್ಸು ಸಾಧ್ಯ..

Pariksha Pe Charcha 2024

Pariksha Pe Charcha

Tips for Exam preparation

Preparing for exams requires a well-thought-out strategy to maximize productivity and efficiency. Here are ten essential tips to enhance study effectiveness and optimize performance:

1. Create a Study Plan: Organize your study schedule by listing subjects, prioritizing topics, and allocating study hours per day. Plan breaks and group study sessions to maintain focus and productivity.
2. Organize the Study Space: Choose a comfortable and distraction-free environment for studying. Customize your study space according to personal preferences, whether it's a quiet corner, a well-lit desk, or a cozy spot to relax.
3. Take Regular Breaks: Incorporate short breaks into your study routine to prevent mental fatigue and maintain concentration. Use breaks to relax, stretch, or engage in light physical activity to rejuvenate the mind and body.
4. Follow a Healthy Diet: Fuel your body and brain with nutritious foods to sustain energy levels and mental alertness. Opt for fresh fruits, vegetables, nuts, and seeds, and stay hydrated by drinking plenty of water throughout the day.
5. Maintain a Proper Sleep Routine: Prioritize adequate sleep to support cognitive function and overall well-being. Establish a consistent sleep schedule and aim for 7-8 hours of quality sleep each night to enhance memory consolidation and cognitive performance.
6. **Study in Groups Occasionally:** Collaborate with peers to gain diverse perspectives and insights on study material. Group discussions can clarify doubts, reinforce learning, and foster teamwork skills beneficial for academic success.
7. **Read Entirely & Make Brief Notes:** Ensure comprehensive understanding by reading study material thoroughly. Summarize key concepts in concise notes to facilitate review and reinforce learning retention.
8. **Go Through Previous Years' Exam Papers:** Familiarize yourself with exam patterns and question formats by practicing previous years' papers. Analyze strengths and weaknesses to prioritize revision and exam preparation effectively.
9. **Revise Regularly:** Allocate time for regular revision sessions to reinforce learning and solidify understanding. Reviewing material periodically enhances long-term retention and boosts confidence for exam success.
10. **Plan the Exam Day:** Prepare for exam day by organizing essential items, planning your journey, and ensuring adequate rest and nutrition. Arrive early, stay calm, and approach the exam with confidence and positivity.

Pariksha Pe Charcha 2024

Mrs. Nanditha

Pariksha Pe Charcha

Students, here are my Top Simple Tips for students to follow for success in examinations which help you to improve your personality as well as your results.

Effective Study Strategies for Success

1. Start Early and Remember for the Long Term: Find your optimal study time based on your biological clock. Regular revision helps store information in long-term memory. Prioritize sleep and limit screen time for optimal brain function.
2. Plan, Schedule, and Practice: Planning and scheduling are crucial for success. Allocate study hours evenly among subjects based on difficulty. Practice yoga, meditation, and light exercises to improve concentration.
3. Effective Methods: Incorporate effective study methods such as fixed-time reading, taking breaks, summarizing in points, and analyzing important topics. Revise before bedtime for better retention.
4. Be Optimistic: Maintain a positive outlook not only during exams but throughout life. Remember, everyone is unique and capable of achieving their goals.
5. Study Style: Find your preferred studying style, whether it's sitting, walking, writing, reading, listening, or visualizing. Avoid getting caught up in trendy but ineffective study styles.
6. Healthy Habits: Prioritize health with healthy eating habits and regular exercise. Avoid junk food and prioritize a balanced diet for physical and mental well-being. Remember, a healthy mind resides in a healthy body.
7. By incorporating these strategies into your study routine, you can achieve success while maintaining your overall well-being.



Pariksha Pe Charcha 2024

Pariksha Pe Charcha





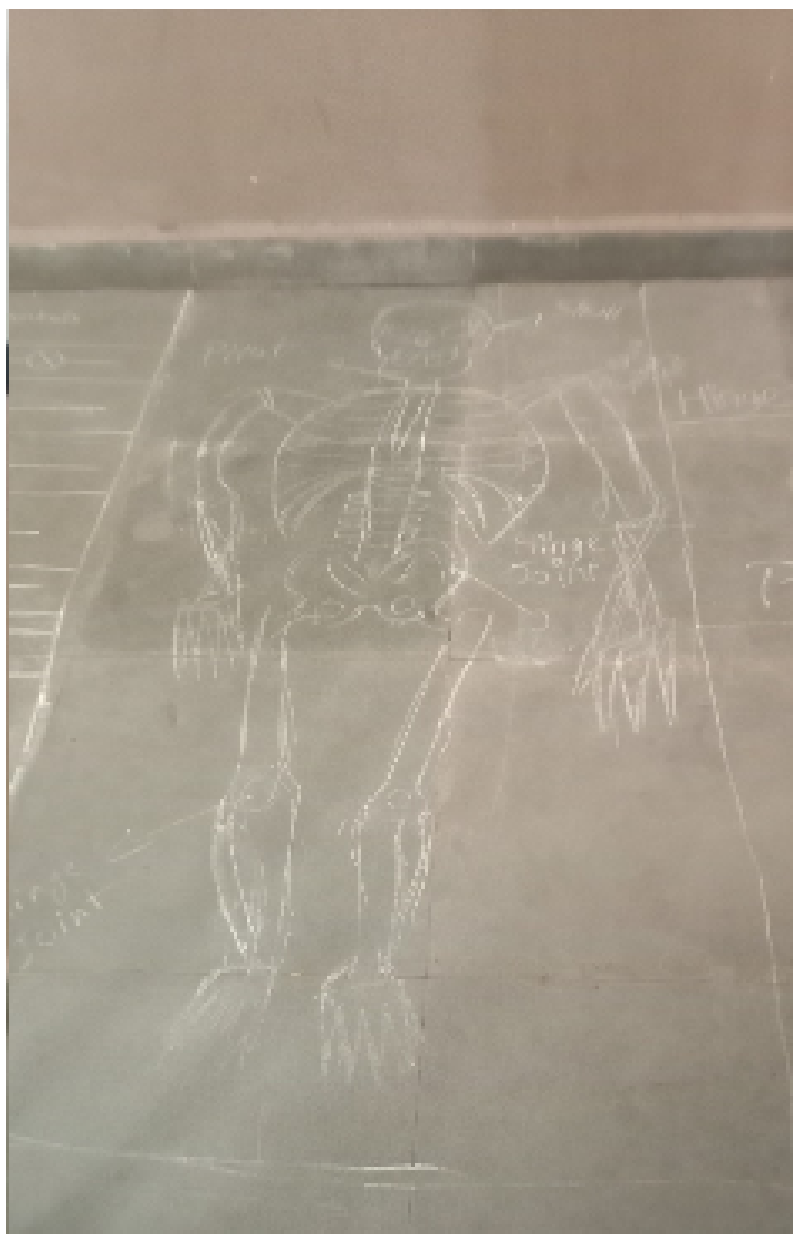
Pariksha Pe Charcha

Reviewing before an exam is crucial as it can enhance final scores. It enables examinees to pinpoint and rectify any errors or misunderstandings in their initial answers. Moreover, reviewing aids students in grasping the material more effectively and interacting with the content of the exam. Revision facilitates the recall of studied topics, instilling confidence in students to tackle related questions in the exam. Timely revision also mitigates the anxiety and stress levels commonly experienced by students during exams.









Pariksha Pe Charcha 2024

Nanda Rati
Science Teacher

Pariksha Pe Charcha

Tips to follow while writing an exam :
Read: Understand exam instructions thoroughly.
Understand: Grasp the questions' requirements.
Think: Consider strategies and approaches before solving.
Solve/Write: Answer questions methodically and confidently.
Recheck: Review answers twice for accuracy and completeness.
Attempt all: Ensure you answer all questions.

1.**Organize Your Notes**: Arrange your study materials and notes systematically by subject or topic to facilitate easy access and review.

2. **Create Summaries**: Condense key concepts, formulas, and information into concise **summaries** or **mind maps** to aid in quick revision and reinforce understanding.
3. **Practice Active Recall**: Test yourself by recalling information from memory rather than simply re-reading notes.
4. **Review Past Papers**: Familiarize yourself with the exam format and types of questions by solving past papers or sample exams.
5.**Use Mnemonics**: Employ mnemonic devices or acronyms to remember lists, sequences, or complex information more effectively.
6.**Take Regular Breaks**: Take short breaks to rest and recharge. Avoid studying for long periods without breaks, as it can lead to burnout.
7.**Visualize Concepts**: Use visual aids such as diagrams, charts, or illustrations to visualize complex concepts and enhance understanding.
8.Stay **Positive** and **Confident**
By incorporating these quick tips into your revision routine, you can effectively review and reinforce key concepts, boost your confidence, and improve your chances of achieving good marks in exams.

Kavita Vinay
Mathematics Teacher
Award Leader IAYP
SPOC - Outbound Activities

Pariksha Pe Charcha 2024

Pariksha Pe Charcha

This month's newsletter theme is Pariksha Pe Charcha. I feel like my home and my school are the God-gifted two eyes for me. From home, we learn fundamental values, and in school, teachers support us. When I wake up early in the morning, I do some relaxation activities for my mind. And when I feel stressed, I listen to music. I keep an alternative schedule for my studies. To gain more marks, we should be confident enough, and I don’t compare myself to others. I also like solving exercises, textbooks, and tricky questions. I don’t take exams as a burden; they just analyze and test our minds. I don’t study for more than two hours; I take breaks for 10 to 30 minutes. On the other hand, I also take care of my physical health by eating nutritious food and getting good sleep. And we should not panic when we see our question papers too. These are the tips I wanted to share with you all.

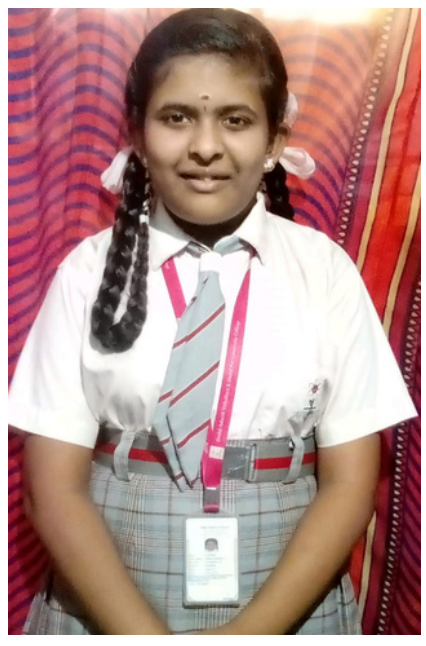


Shruthi
Grade: VIII/ E

Pariksha Pe Charcha

Quicks tips for coping with exam Stress:
Start early ,Avoid comparing yourself with others,Good amount of revision ,Be confident,taker beaks, stay healthy and good sound sleep.

Raksha(7 A)

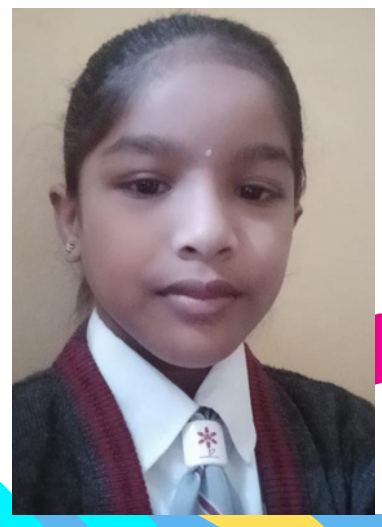


Some tips for success in exams are:

1) Analyze and think creatively.
2) Do not study for long periods continuously.
3) Take short breaks and do some regular or relaxation activities.
4) Sleep well and take care of your physical health.

Let’s dive into the pool of success by following some simple steps:
Tip no. 1: Don’t use the phone, but read books.
Tip no. 2: Daily do meditation for 5 minutes to enhance your concentration power.
Tip no. 3: Some answers might be lengthy, but it's simpler if you read by dividing them into small sentences.
Tip no. 4: If you get stressed while reading the question paper, take a deep breath, be confident, read the question carefully, try to understand, think, and attempt. Exams are a good way to assess our knowledge, which is crucial for us.

Poornima
Grade: 7B



Pariksha Pe Charcha 2024

Pariksha Pe Charcha

Pariksha Pe Charcha is a movement –'Exam Warriors' led by our PM Shri Narendra Modi Ji

Our Prime Minister urges everyone to put exams in the right perspective, rather than allowing unnecessary stress and pressure to build up. The target also includes thought-provoking but enjoyable activities that help absorb concepts through practical demonstrations.

3 Simple Strategies to Follow During Pariksha:

1. Coping with Exam Stress: Remember to breathe, eat well, sleep, and exercise regularly. Set realistic goals.
2. Working Towards Your Goals: Set clear goals, develop a plan, stay disciplined and focused like an eagle, believe in yourself, take care of your physical and mental health, and learn from your failures.
3. Planned Schedule: Start early, create a study plan, practice sample papers, teach your friends, eat healthily, and get enough sleep.

Pariksha Pe Charcha

Examinations are one of the most important phases of life for students as they pave the way for their future careers. Here are some tips for achieving success in exams:

- Give Yourself Enough Time to Study: Start preparing well in advance to avoid last-minute stress.
- Use Flow Charts and Diagrams: Visual aids can help simplify complex topics and aid in better understanding.
- Explain Your Answers to Others: Teaching someone else reinforces your own understanding of the subject matter.
- Organize Your Study Plan: Prioritize subjects/topics based on difficulty and allocate study time accordingly.
- Take Regular Breaks: Short breaks between study sessions help maintain focus and prevent burnout.
- Drink Plenty of Water: Staying hydrated is essential for optimal brain function and concentration.
- Get Adequate Sleep: Aim for 7-8 hours of sleep each night to ensure your mind is rested and alert during exams.



Hasrunisa Grade 8

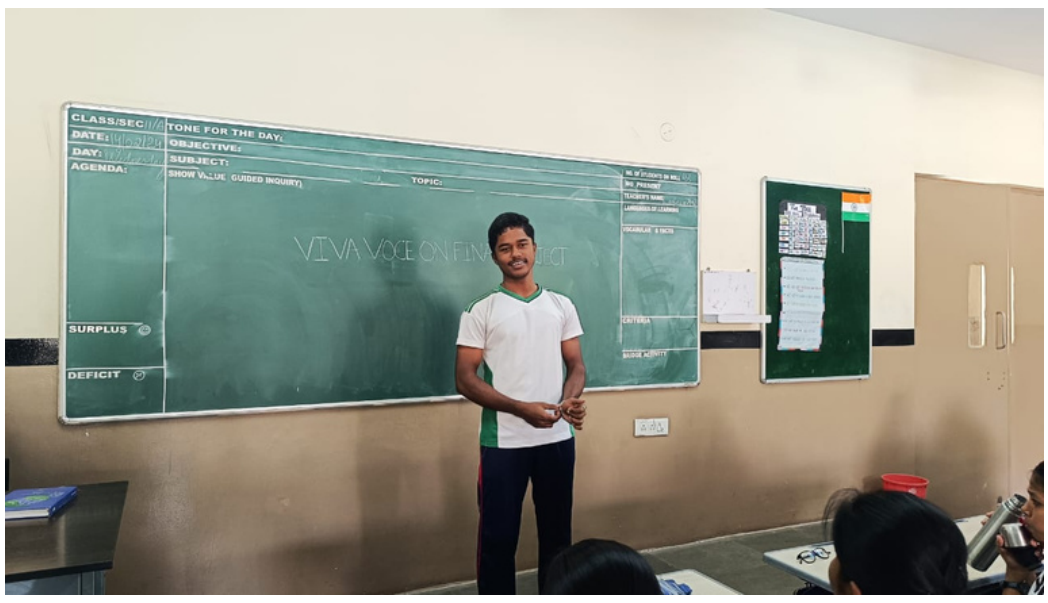


Sridevi Grade 8

Pariksha Pe Charcha 2024

Viva Voce Session

In the XI & PUC II Year classes in the English Subjects, students participated in a viva voce session for their final project assessment. Each student confidently presented their chosen topic to the teacher, showcasing their understanding, research, and analysis. The viva voce provided an opportunity for students to demonstrate their knowledge, critical thinking skills, and communication abilities. Through this interactive session, students engaged in scholarly discourse, addressing questions and receiving feedback from the teacher. The viva voce served as a culmination of their academic efforts, allowing them to articulate their ideas and findings effectively. Overall, the session was instrumental in evaluating students' comprehension and proficiency in their respective subjects, preparing them for future academic endeavours.





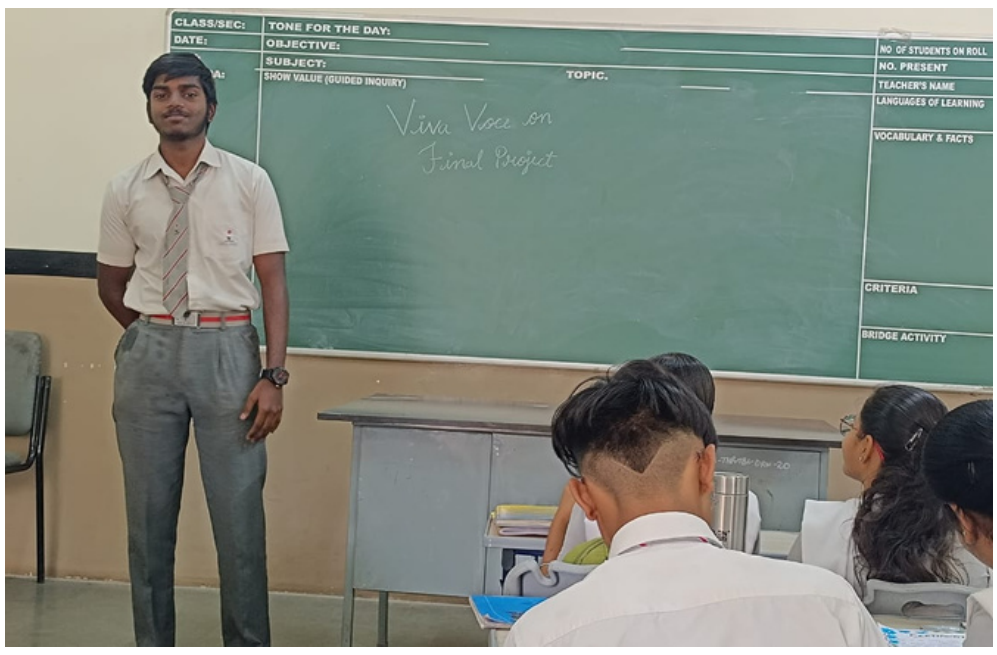






Viva Voce Session













Pariksha Pe Charcha 2024

SARASWATI PUJA

BLESSING CEREMONY

Date: 14th February 2024

Venue: Auditorium

Participants: Grade 10 & 12 Students

Saraswati Puja, a festival dedicated to the goddess of knowledge and wisdom, is one of the most eagerly anticipated events in our school's annual calendar. This year, the enthusiasm among students and staff was palpable as we gathered to celebrate this auspicious occasion. The arrangement of Saraswati Puja included not only traditional rituals and prayers but also blessings to all the students from the Principal, Headmistress & Staff that made the day truly memorable.

Saraswati Puja holds great significance in our school as it emphasizes the importance of education and the pursuit of knowledge. Students consider this day an opportunity to seek the blessings of Goddess Saraswati, who is believed to bestow wisdom, learning, and artistic talents upon her devotees. The day begins with the traditional rituals where students offer flowers, sweets, and their heartfelt prayers to the goddess. This ritual sets the tone for the day, creating an atmosphere of reverence and devotion.





SARASWATI PUJA

BLESSING CEREMONY



















Pariksha Pe Charcha 2024

Grade VII ARP

Environment Champions

In today's rapidly evolving world, the environment plays a crucial role in our existence. Recognizing this, Grade 7 students embarked on an ARP project focused on environmental conservation. Led by our Principal, Coordinator and Class Teachers the project involved planting saplings, instilling in students the importance of nurturing and preserving nature. Through this initiative, students gained firsthand experience in environmental stewardship, understanding the vital role they play as caretakers of the planet. The project not only contributed to the greening of our surroundings but also fostered a sense of responsibility and ownership among the students towards environmental sustainability.By actively engaging in such initiatives, students not only enhance their ecological awareness but also contribute positively to the well-being of our ecosystem, paving the way for a greener and healthier future.

Pariksha Pe Charcha 2024

Grade VII ARP

Environment Champions













Grade VIII ARP

As part of our Action Research Plan for the academic year 2023-24, Grade VIII students from all sections of our school participated in the distribution of paper bags. These bags were handcrafted by the Grade VIII students themselves. The distribution took place in Shankar Hill Township, Toranagallu on 9th February 2024. Along with the students, coordinators, and class teachers also participated in the distribution to raise awareness about reducing plastic usage.















Pariksha Charcha 2024

Grade X ARP

We conducted visits to the residences of both slow learners and toppers to interact and motivate them regarding their academic progress. Our aim was to foster better communication and understanding between the school, parents, and students to support academic progress effectively.

The following teachers participated in these visits:

- X/A & B: Mr. Veeresh K.M & Mr. Mohan G.T
- X/C & D: Manohar K & Mr. Shreedhar M
- X/E: Panindra B & Mr. Jilan Basha
- X/F & I: Mr. Ravi M & Mr. Nasir Basha
- X/G & H: Mr. Ravi Kumar & Mr. Kumarswamy

We express our gratitude to the parents for their cooperation and support during the visit. Additionally, we extend our thanks to our principal for accepting our invitation and entrusting us with this task.













Pariksha Pe Charcha 2024

Grade X ARP





















Charcha 2024

Community Outreach Program









Community Outreach Program

Bharat Scouts & Guides Tritiya Sopan Testing Camp at JAV Under the Community Outreach Program, as per the circular received from Bharat Scouts and Guides Sandur Taluk Association and District Tritiya Sopan Testing Camp, it was organized on February 3rd, 2024, by Bharat Scouts & Guides, District Association, Ballari, in collaboration with Jindal Adarsh Vidyalaya.It was a great honor and pleasure to acknowledge the distinguished dignitaries who graced the camp: Prashant Muley, Principal of JAV School; Bhagyavati G, H.M of JAV School; Mr. K Veeresh, District Chief Commissioner; MD. Bhasha, DOC BSG; Somappa.S, BSG Secretary Sandur Taluk Association, who appreciated the school leaders for their kind cooperation and coordination in conducting this camp. He also encouraged students and emphasized the significance of Scouts & Guides in his speech.

Mr. Prashant Muley, the principal of JAV, highlighted this platform as a means to serve society at large. He appreciated our school's Scouts and Guides activities and encouraged students through his valuable speech. H.M Bhagyavati expressed the importance of Scouts and Guides and conveyed her wishes to the students. District Commissioner Scouts and Guides, Veeresh K, appreciated our school for providing a platform to conduct the Testing Camp.Students actively participated in the testing camp, which commenced with the flag hoisting and inaugural ceremony in the Auditorium. Scouts and Guides underwent oral, written, and practical tests covering the Pratam Sopana to Tritiya Sopana syllabus. Those qualifying this test will proceed to the Rajya Puraskar Testing Camp.

The camp witnessed the participation of 250 Scouts & Guides, Scout Masters, and Guide Captains. Rajashekhar, Scout Master, and Padmavati.P.B, Guide Captain, were nominated as leaders of the camp. Additionally, Ravi M, Sreedhar M, Jilan Bhasha, Maregouda, Scout Masters, Guide Captain Roopa M Raichur, Tulasi.P.B, and Shyamala N Ramul were part of the Testing Camp.

Community Outreach Program









Community Outreach Program







Community Outreach Program





Demo Session

Objective: The primary goal of the demonstration was to illustrate the difference between soluble and insoluble substances.

Materials Used: Various substances were employed, including common kitchen items such as sugar, salt, BournVita (soluble), and sand (insoluble). Additionally, water served as the solvent.

Procedure: A series of transparent containers were labelled for clarity; soluble substances (sugar and salt) were added to separate containers, while insoluble substances (sand) were added to others. Water was poured into each container, initiating the dissolution process.

Observations: Soluble substances dissolved in water, resulting in a clear solution. Insoluble substances did not dissolve, and the particles settled at the bottom of the container.

Visual Differences: The contrast in appearance between the clear solutions and the visibly separated insoluble particles emphasized the distinction between soluble and insoluble substances.

Discussion: Participants were encouraged to observe and discuss the changes in each container, fostering an understanding of the dissolution process and the nature of solubility.

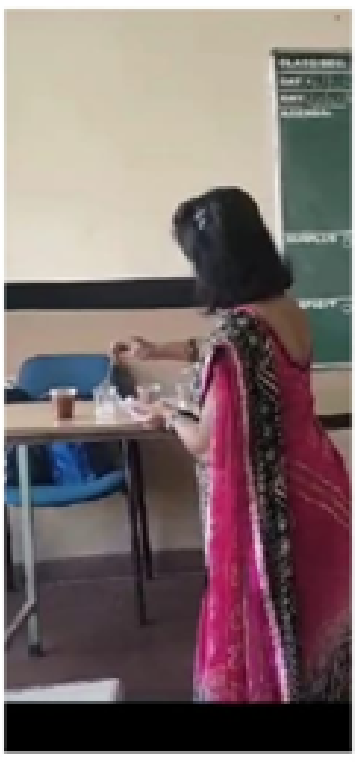
Conclusion: The demonstration effectively showcased the difference between soluble and insoluble substances through a hands-on and visually engaging approach. Participants were encouraged to draw conclusions and discuss real-world applications of solubility.

Follow-up Questions: Participants were prompted to consider scenarios where knowledge of solubility might be relevant, such as cooking, cleaning, or pharmaceuticals. Overall, the demo aimed to make the concepts of solubility and insolubility tangible and comprehensible through practical observation and discussion.

Demo Session









Pariksha Pe Charcha 2024

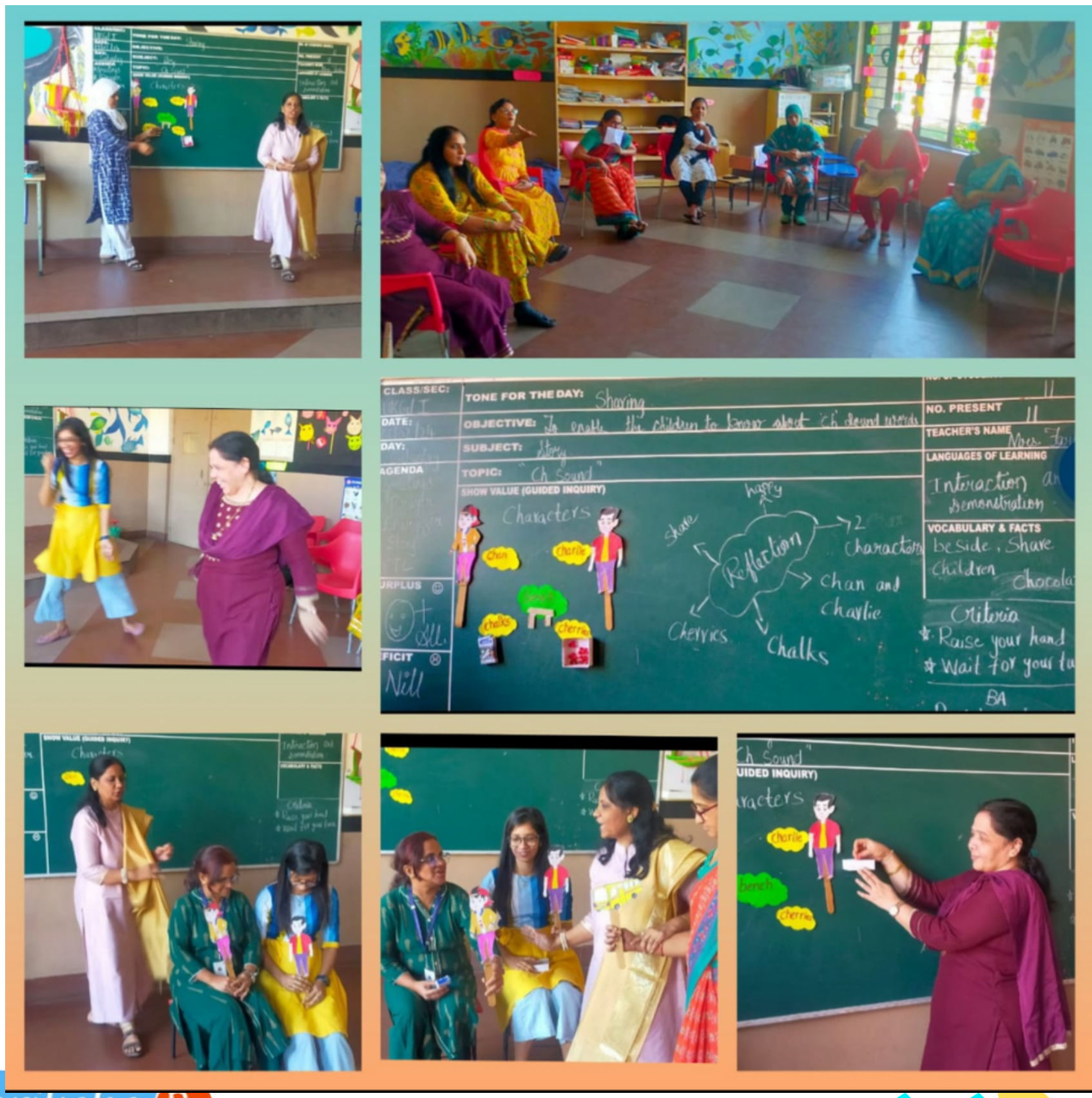
Demo Session

"In learning, you will teach, and in teaching, you will learn."

Internal demonstration sessions for teachers were conducted on February 3rd, 9th, 17th and 26th, 2024, by Mrs. Ramani P V, Mrs. Sridevi, Mrs. V Chaithanya Lakshmi, Mrs. Syeda Farha Jamal and Mrs. Pushpalatha P.

The facilitators established a positive classroom atmosphere and effectively utilized resources to enhance the lessons. Demonstrations on phonics and rhymes ignited the imagination and instilled a love of learning in the teachers. The sessions were engaging and informative.

Reflection sessions were conducted at the end of each session to reinforce the topics covered and facilitate further learning among the teachers.



Demo Session



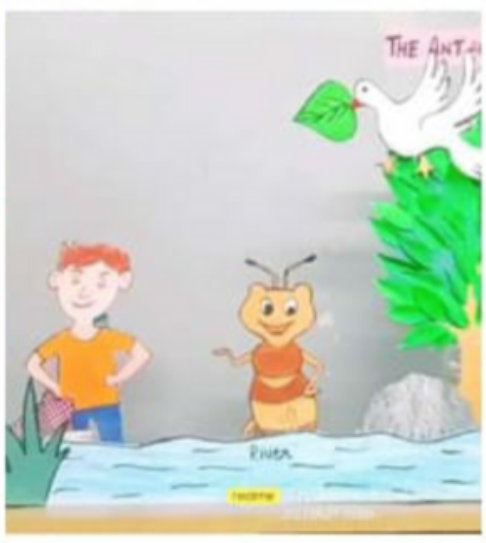






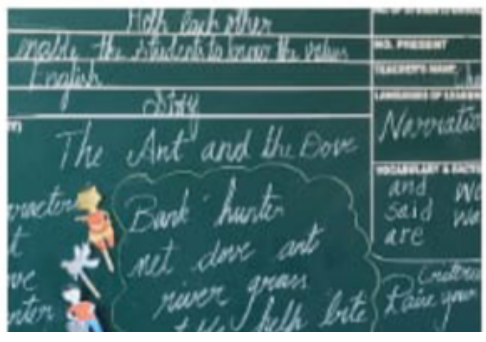




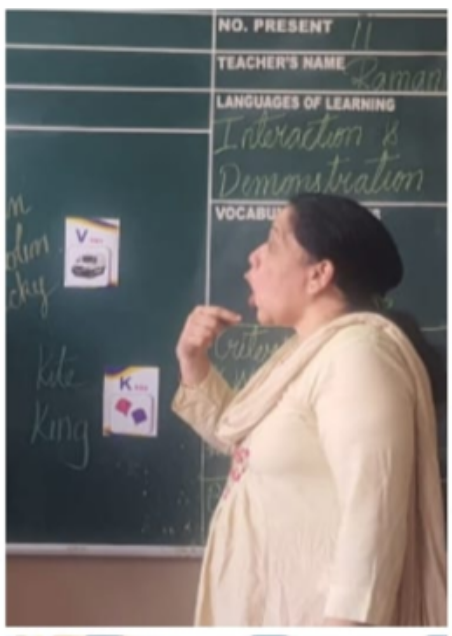



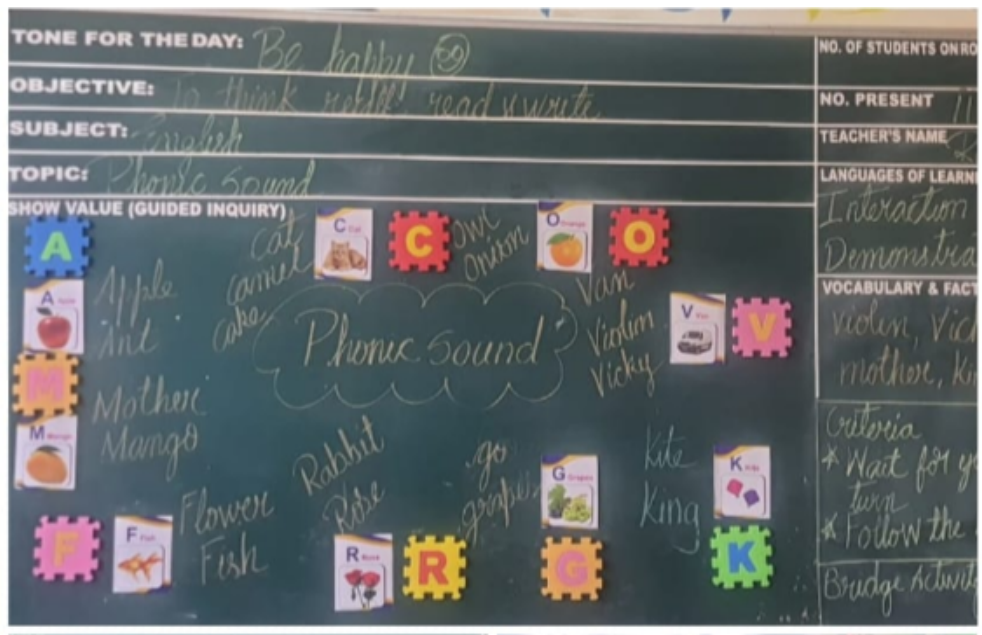




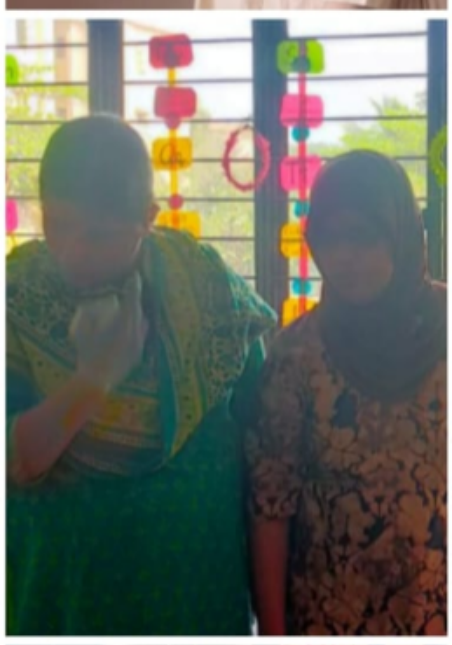


Demo Session





















Well Being Session

Yoga: Body Movements and Stretching Activities

Children are natural imitators, gift them with a practice for their soul, working through the medium of their body.

In our Pre-Primary section, students were introduced to Body Movements and Stretching Activities as part of their yoga curriculum. These sessions aimed to instill in them a sense of well-being and balance.

The yoga poses incorporated in the sessions were designed to feel good and empower the children, helping them focus their energy and find equilibrium in their lives. Through yoga, students were able to develop muscle strength and flexibility, while also cultivating inner strength and self-acceptance.



Mrs. Basamma Guddodagi

Dedicated to providing quality music education to all students, committed to fostering young people's talent, devoted to educating the whole person, and driven to inspire a lifelong commitment to learning and service.

Responsibilities:

- Develop an interest and ability in performing music in each student.
- Utilize skills and techniques to cultivate aesthetic understandings.
- Discover and nurture talents of students in the field of Music.

Subject Handling: Music
Qualification: B.A., B.Ed (Karnataka University)
Teaching Experience:

- 2.5 years - Kannada Subject
- 1.5 Years - Music



Designation: PRT
Expertise Skills:

- Verbal & Written Communication
- Time Management
- Self-Discipline
- Adaptability

Hobbies: Reading, Listening to Music, Gardening
Languages: Kannada, Hindi, English

Recognitions:

- Best Motivational Teacher in Dec' 2022 for contribution to the "Sound of Music" Event in School Annual Day.
- Teacher of the Month in September 2023 for exemplary work, subject command, from Swirl team.
- Appreciation letter from Mr. PK Murugan Sir, President (JSW Steel Vijayanagar & Salem Works) for showcasing national glory in School Annual Day theme "Samruddha Bharat – A Voyage Through the Rich Cultural Heritage" in December 2023.

Mrs. Nanda J

- **Qualification**: B.A, D.Ed, B.Ed, M.A (Hindi BA - First Class)
- **Other Qualifications**:DTP & Call Centre Training, NSS Certificate
- **Designation:** Assistant Teacher (PRT)
- **Classes Handling**: Primary
- **Subject**: Kannada
- **Experience**: 10 Years
  - Asst. Teacher - Jindal Adarsh Vidyalaya (June' 2019 – Present)
  - Asst. Teacher - Jindal Adarsh Vidyalaya (Sep' 2013 – Apr 2015)
  - Asst. Teacher - Bapuji Kannada & English Medium School, Devagiri (Haveri Dist) (June 2010 – May 2011)
  - Asst. Teacher - Jnanagangashikshana Samiti (June 2011 – April 2013)
- **Nationality:** Indian
- **Achievements:**
  - 3rd Rank in B.A
  - Cleared KTET Exam (Paper 1 & Paper 2)
- **Trainings Attended:**
  - Effective Teaching Workshop
  - Teaching Phonics to Children with Special Needs
  - Firki
  - Capacity Building Programme on Value Education & Life Skills - Advance
  - School Innovation Ambassador Training Programme
- **Hobbies:** Reading Books, Listening to Music, Cooking
- **Languages Known:** English, Hindi, Kannada
- **Traits:** Adaptable, Self-motivated
- **Additional Responsibilities:** Worked as Class Teacher
- **Additional Courses:** QCT (Quality Circle Time)



Pariksha Pe Charcha 2024

Anuradha B

Qualification:

- NTC
- B.A
- D.Ed

Teaching Experience:

- 15 years 6 months at JAV
- 5 years at various schools
- Pre-Primary

Languages Known:

- English
- Kannada
- Telugu
- Hindi
- Tamil



As a teacher

I am a lifelong learner committed to staying updated on the latest research and best practices in early childhood education. I continuously seek professional development opportunities to enhance teaching effectiveness and student outcomes.

Responsibilities:

- Adapt teaching methods to diverse learning styles
- Classroom management
- Effective communication with parents/guardians for student progress updates and collaboration on goals
- Performance assessments
- Enthusiastic artisan
- Time management
- Leadership

Anuradha B

Achievements:

- Received Motivational Teacher Award
- Class Coordinator
- Academic Coordinator
- CCA & ECA In-charge
- Examination In-charge
- Seva-Bava Scouts & Guides
- Bunnies In-charge

Additional Courses:

- Hindi BA
- Basic Bunnies Course
- Advanced Training Course of Flock Leader

Skills and Abilities:

- Ability to adapt teaching methods to diverse learning styles.
- Classroom management.
- Effective parent/guardian communication for student progress updates and collaboration on goals.
- Performance assessments.
- Enthusiastic artisan.
- Time management.
- Leadership.

Hobbies:

- Cooking
- Reading Books
- Creating and learning intricate mehendi designs & mandalas.

TEDx TALK

Ideas of JAV

Empowering Ideas: TEDx TALK at JAV"

From November 25th to February 17th, 2024, JAV embarked on a journey of innovative thinking with the "Ideas of JAV," a TEDx TALK initiative. Four passionate educators took the stage, each with a unique perspective to share:

- Mrs. Gayatri B. (Kannada): Explored the realm of Creative Teaching, inspiring new approaches to engage students and foster creativity in the classroom.
- Ms. Savitr C. R. (K. G.): Highlighted the Importance of Laughter, emphasizing its role in creating a positive and joyful learning environment, particularly in early childhood education.
- Mrs. Vani C. (English): Advocated for Ideas over Excuses, encouraging listeners to embrace creativity and resourcefulness to overcome challenges and drive meaningful change.
- Mrs. Kavita Vinay (Math): Explored the realm of Personality Development, discussing the intersection of mathematics and personal growth, and how mathematical thinking can shape one's character.





Pariksha Pe Charcha 2024

TEDx TALK

Ideas of JAV







TEDx TALK

Ideas of JAV

Their ideas and experiences, conveyed through talks, energizers, interactions, examples, or activities, were not only insightful but also thought-provoking. This platform is expanding as teachers gain confidence, enhance communication skills, and share innovative ideas with their colleagues. These talks aim to uplift, encourage, and enlighten the teaching faculty with helpful and effective ideas directly or indirectly related to school education and the teaching-learning process.





The objectives of TEDx TALK at JAV include enhancing school effectiveness and nurturing students with values like smile and patience, while also fostering emerging thoughts such as leadership, effective communication, creative teaching, personality development, and the importance of smile in our lives. These objectives are essential for recalling, realizing, and reacting positively. We extend our gratitude to our Honourable Principal, Mr. Prashant Muley, for initiating this innovative initiative, and we also thank our respected Headmistress, Mrs. Bhagyavathi Gajula, for her ultimate support and cooperation.

Pariksha Pe Charcha 2024

Alumni Corner

- Name: Koyal Sharma
- Date of Birth: 16/04/1994
- Schooling:
  - Jindal Adarsh Vidyalaya (2004 to 2010) - Class V to Class X
  - Bhilai Nair Samajam, Bhilai, C.G (2010 to 2012) - Class X to Class XII
- College: St. Thomas College, Bhilai, C.G
  - BSc. (Microbiology) 2012 - 2015
  - MSc. (Chemistry) 2015 - 2017
  - BEd. 2017 - 2019
- Occupation: Government Teacher at SAGES, Deepak Nagar, Durg.

It is indeed a privilege to have this opportunity to share my reflections. As I delve into these memories, I am flooded with nostalgia for my time in school, marked by valuable lessons, cherished moments, obstacles surmounted, and bonds forged.

Contemplating my journey, I am reminded of the profound impact of my education at this esteemed institution. Every facet, from academic pursuits to extracurricular activities, has played a pivotal role in sculpting my character and shaping my trajectory. I am profoundly grateful for the holistic development fostered here.

Yet, beyond personal growth, the hallmark of our school lies in its sense of community. I owe a debt of gratitude to the dedicated educators whose unwavering support and mentorship propelled me towards success. Now, as a fellow educator, I strive to emulate their example and pay it forward.





Pariksha Pe Charcha 2024

Story Telling Competition

ADDING WINGS TO IMAGINATIONS

A storytelling competition was conducted on 2nd February 2024, aimed at nurturing creativity and boosting confidence among our young learners. Stories, with their ability to transport us beyond physical boundaries, were the medium through which our students showcased their vivid imaginations.

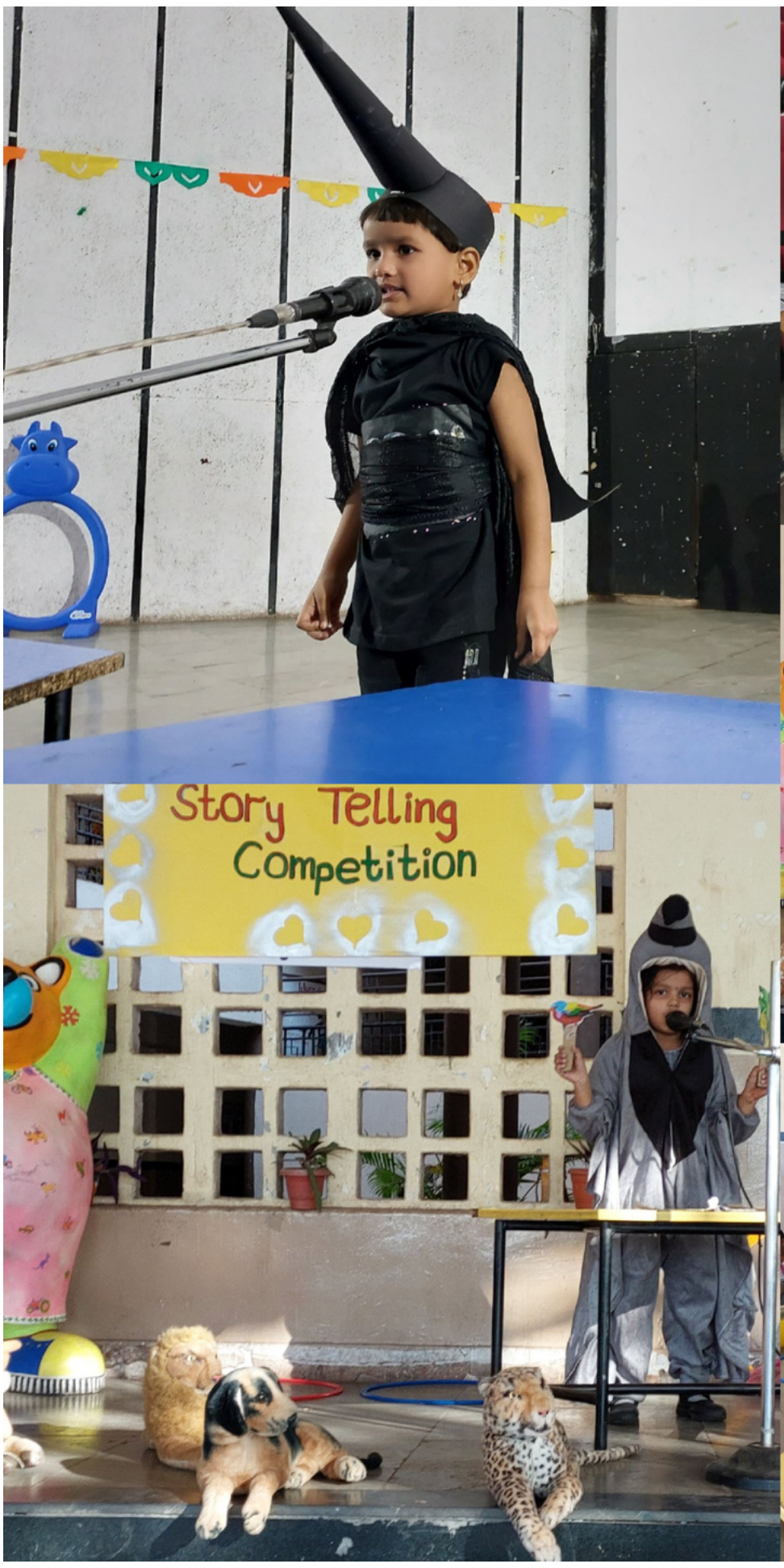
Grades Pre-Primary participated enthusiastically, narrating tales such as 'The Five Friends', 'Thirsty Crow', and 'The Lion and the Mouse'. Dressed as characters, some students employed facial expressions and voice modulation to bring their stories to life. Props like puppets were utilized to enhance storytelling, captivating the audience's attention throughout.

Each story conveyed a valuable moral lesson, demonstrating not only the creativity but also the moral understanding of our budding storytellers. The competition showcased exceptional oratory and presentation skills, reflecting the talent and potential of our young learners.

The event concluded with the capture of memorable moments through photographs, preserving the essence of this enriching experience.

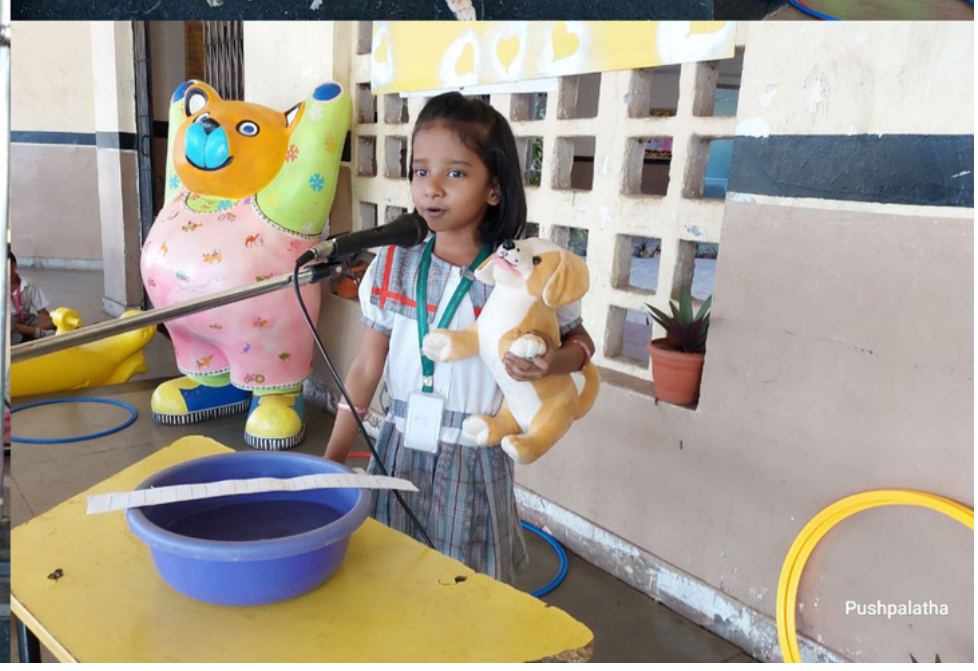


Story Telling Competition









Special Assembly

Sarojini Naidu Birth Anniversary

Class 6th J students celebrated the birth anniversary of Sarojini Naidu in the school premises on February 13th, 1879, in Hyderabad, British India. The celebration aimed to instill her ideas, patriotic fervor, courage, dedication, selflessness, and discipline in the students, inspired by her remarkable life.

Sarojini Naidu showcased exceptional talent in poetry and literature from a young age. As a disciple of Mahatma Gandhi, she played a pivotal role in the Indian National Movement, advocating for the country's independence. Renowned Indian politicians, including Gopal Krishna Gokhale, admired her poetry.

Her distinction among poets lies in her adept use of words to advocate for social reform. Actively involved in India's independence movement, she utilized her poetic prowess to enlighten and inspire people to fight for their rights, addressing themes of patriotism, feminism, and social justice.

Sarojini Naidu's contribution to India's independence movement was profound. She organized and led protests against British rule and tirelessly advocated for women's welfare in India. Her legacy continues to inspire generations to strive for freedom, equality, and justice.

Special Assembly

Sarojini Naidu Birth Anniversary







Special Assembly

“ಕನ್ನಡ ನನ್ನ ಕನಸು ಕನ್ನಡ ನನ್ನ ಮನಸು
ಕನ್ನಡಿಗನೆಂಬ ಹೆಮ್ಮೆ ಸೊಗಸು
ನಮ್ಮಲ್ಲಿ ಕನ್ನಡವನ್ನು ಉಳಿಸು
ಎಲ್ಲೆಲ್ಲೂ ಕನ್ನಡವನ್ನು ಬೆಳೆಸು”

ದಿನಾಂಕ: 9/2/2024 ರಂದು 1ನೇ ತರಗತಿ ‘ಇ’ ವಿಭಾಗದಿಂದ ವಿಶೇಷ ಸಭೆಯನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಮಕ್ಕಳಿಗೆ ಕನ್ನಡ ಕಾಗುಣಿತಾಕ್ಷರದ ಬಗ್ಗೆ ತಿಳಿಸಲಾಯಿತು. ಜಗತ್ತನ್ನು ಬೆಳಗಲು ಸೂರ್ಯ ಬೇಕು ವಿದ್ಯಾರ್ಥಿ ಜೀವನ ಬೆಳಗಲು ಪುಸ್ತಕದ ನಿಧಿ ಇರಬೇಕು. ಸಭೆಯನ್ನು ಮುಂಜಾನೆಯ ಚಿಲಿಪಿಲಿ ನಿನಾದದಲ್ಲಿ ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಆರಂಭಿಸಲಾಯಿತು. ಅರ್ಥಪೂರ್ಣ ದಿನಕ್ಕಾಗಿ ಒಂದು ಸುಭಾಷಿತವನ್ನು ಸತ್ಯಾಂಶವನ್ನು ಹೇಳಿದ ನಂತರ ಕಾಗುಣಿತಾಕ್ಷರ ಕವನ ‘ಕಂದನ ಕರೆ’ ಈ ಹಾಡಿನ ರಾಗದ ಹೆಸರು ಕೂಡ ‘ಕ’ ಅಕ್ಷರದಿಂದ ಪ್ರಾರಂಭವಾಗಿದೆ. ಹಾಡಿನ ರಾಗ - ಕಲಾವತಿ, ಈ ಹಾಡನ್ನು ಅಭಿನಯದ ಮೂಲಕ ಮಕ್ಕಳು ಹಾಡಿದರು. ನಂತರ ಕಾಗುಣಿತಾಕ್ಷರದ ನೃತ್ಯವನ್ನು ವರ್ಗದ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಪ್ರದರ್ಶಿಸಲಾಯಿತು. ಸಭೆಗೆ ಹಾಜರಿದ್ದ ಮುಖ್ಯೋಪಾಧ್ಯಾಯರು ಸಭೆಯ ಬಗ್ಗೆ ಮೆಚ್ಚುಗೆಯ ಮಾತನಾಡಿದರು. ಕೊನೆಯಲ್ಲಿ ನಾಡಗೀತೆಯನ್ನು ಹಾಡುವುದರ ಮೂಲಕ ಸಭೆಯನ್ನು ಮುಕ್ತಾಯಗೊಳಿಸಲಾಯಿತು.

“ಕನ್ನಡ ಕೇವಲ ನುಡಿಯಲ್ಲ ನಮ್ಮಂತರಂಗದ ಮಾತು
ಕರ್ನಾಟಕ ಬರೀ ನಾಡಲ್ಲ ನಮ್ಮ ಸಂಸ್ಕೃತಿಯ ಧಾತು”

“ಸಿರಿಗನ್ನಡಂ ಗೆಲ್ಗೆ, ಸಿರಿಗನ್ನಡಂ ಬಾಳ್ಗೆ”

ವರ್ಗ ಶಿಕ್ಷಕಿ
ಶ್ರೀಮತಿ ನಂದಾ ಜಮ್ಮನಕಟ್ಟಿ



Pariksha Pe Charcha 2024

Special Assembly

Class: 6/I Assembly (8th February 2024)
Theme: Swachh Bharat
Aim: The aim of this assembly was to raise awareness about cleanliness, emphasizing the importance of keeping our homes, streets, and cities clean. Cleanliness is paramount in our lives, a vision advocated by Mahatma Gandhi.
On 8th February, through a speech and a street play (Nukkad Natak), the assembly team elucidated the significance of cleanliness to the students. They emphasized the avoidance of plastic bags while shopping, advocating for the use of jute or cloth bags instead. They delineated the detrimental effects of plastic on humans, animals, and the environment.

Furthermore, they educated the students on proper waste disposal, emphasizing the use of dustbins. Wet waste should be disposed of in green bins, while dry waste should be placed in blue bins. The assembly concluded with a patriotic song, showcasing the beauty of our country.

This assembly aimed to instill a sense of responsibility towards cleanliness and environmental conservation among the students.







Pariksha Pe Charcha 2024

Classroom activity

दिनांक 8/2/2024 को जिंदल आदर्श विद्यालय के प्राथमिक विभाग में कक्षा चौथीं विभाग 'जे' के छात्रों ने कहानी कथन प्रस्तुत किया। कहानी का शीर्षक था 'प्यारा पेड़'। प्रस्तुत कहानी एक जंगल की है। छात्रों ने कहानी को नाट्य मंचन के रूप में प्रस्तुत किया व अपने उत्तम अभिनय की प्रस्तुति दी। प्रस्तुत कहानी द्वारा छात्रों ने पर्यावरण के प्रति जागृत रहना, वृक्ष संवर्धन जैसे संदेश दिए। पशु पक्षियों का पर्यावरण प्रेम दिखाते हुए छात्रों ने मानवता का संदेश भी दिया। इस प्रकार की गतिविधियाँ छात्रों में अभिनय कौशल तथा सामाजिक जागरूकता उत्पन्न कराने में सहायक सिद्ध होती हैं।

विषय शिक्षिका

रोहिणी देशपांडे







Classroom Activity



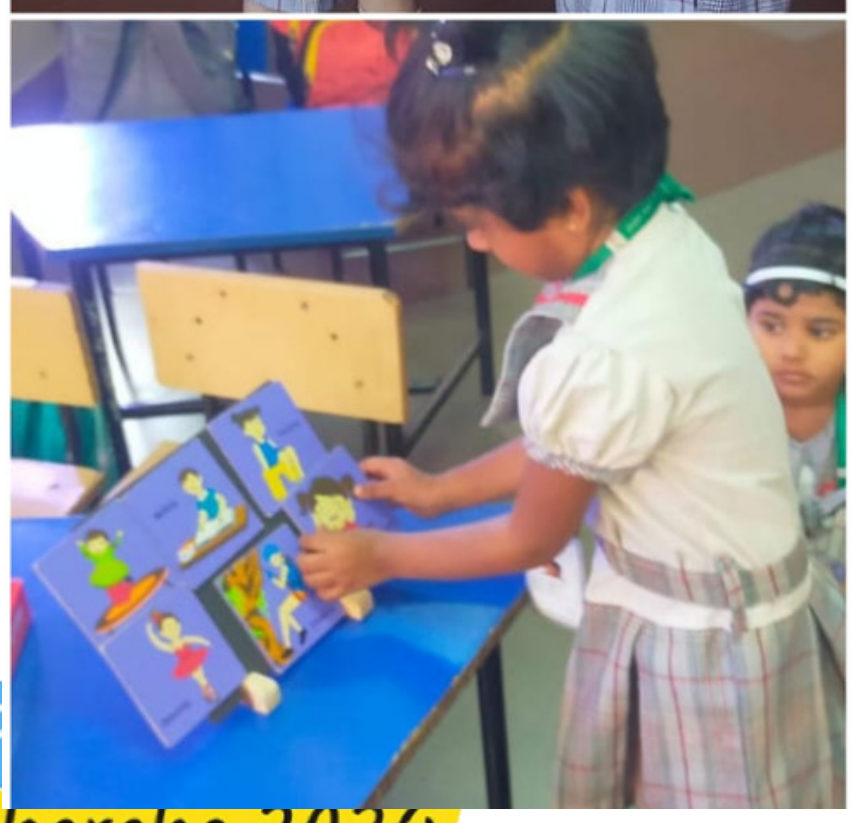














Classroom Activity

















Pariksha Pe Charcha 2024

Student Achievement

JAY HIND,

I, CSM Prince Pandey, want to share my journey at the NCC RDC 2024 camp with all of you.

First and foremost, I am grateful to our Principal and HM for their unwavering support.

In 2022, I joined NCC with the guidance of Koteresh sir and Yeriswamy sir at school.

My NCC journey officially began in July 2023.

My first camp was held in Toranagallu commando training area, consisting of a total of 10 camps, each spanning 10 days, making it a total of 80 days. During these camps, a total of 260 cadets from different districts and 7 battalions participated. Out of these, only 35 cadets were selected for the IGC camp. From the IGC camps, only 4 cadets, including myself, were chosen for the PRDC Bangalore camp. Subsequently, I was selected from the Bangalore camp to represent the 34 Bellari battalion at the Delhi camp.

From 28th December, my final camp commenced, which consisted of 4 events: Prime Minister's rally, flag area, line area, and cultural event. Eventually, we emerged as the all-Indian winners of the Karnataka & Goa directorate.

With this, my NCC RDC 2024 camp journey has come to an end.

Thanks and Regards,
Prince Pandey
IX/E



Birthday Celebration

In January and February, the Pre-Primary children celebrated the birthdays of those born during these months. The atmosphere was filled with joy and excitement as the children enjoyed special activities. It was a delightful occasion that brought smiles to the faces of all the birthday celebrants and their classmates.

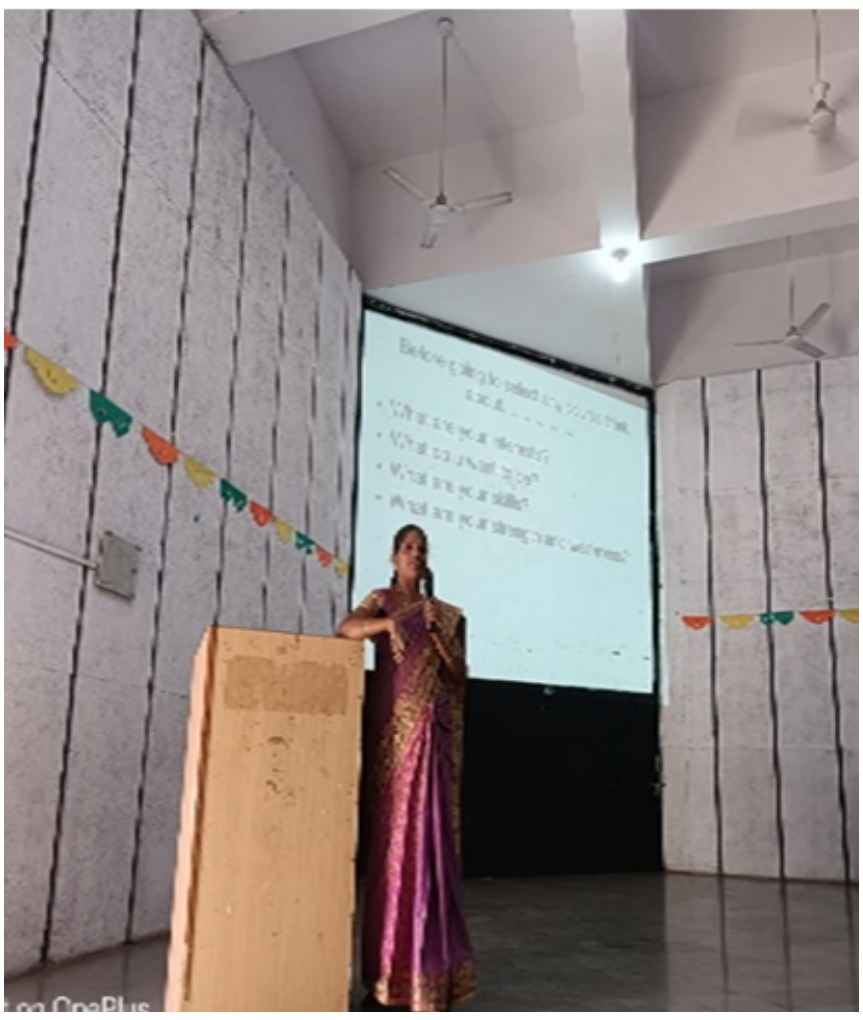


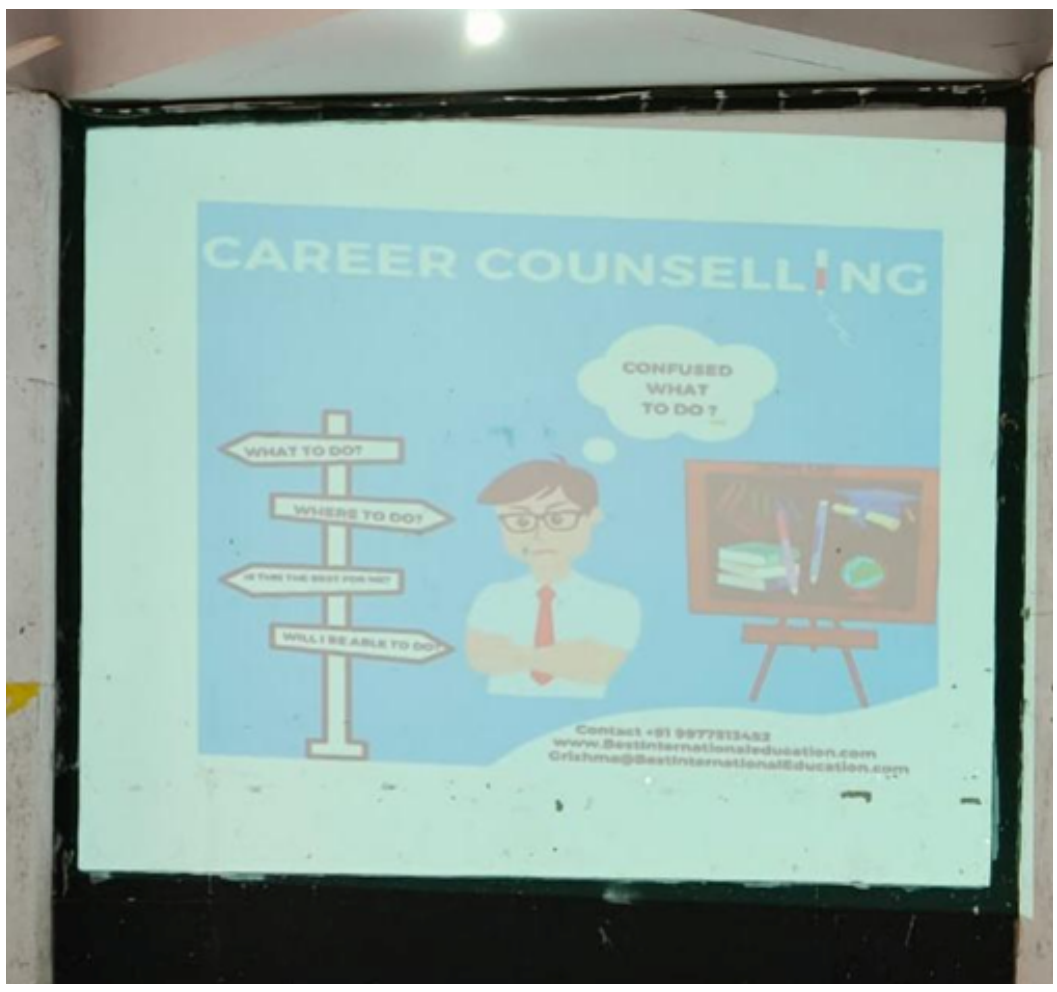
Career Counselling Session

A career counselling session was organized for the students of class X on 30th January in the Auditorium. With a plethora of career options available in contemporary times, the role of a career counselling session is indispensable. The session was conducted by Mrs. Latha and Mrs. Zaheedha.

The session aimed to provide information about various subject options in class XI and encouraged the students to pursue their interests sincerely to achieve their goals. A PowerPoint presentation regarding the same was also shown to the students, and they were encouraged to clarify doubts regarding the courses.

The sessions were immensely enriching and interesting.

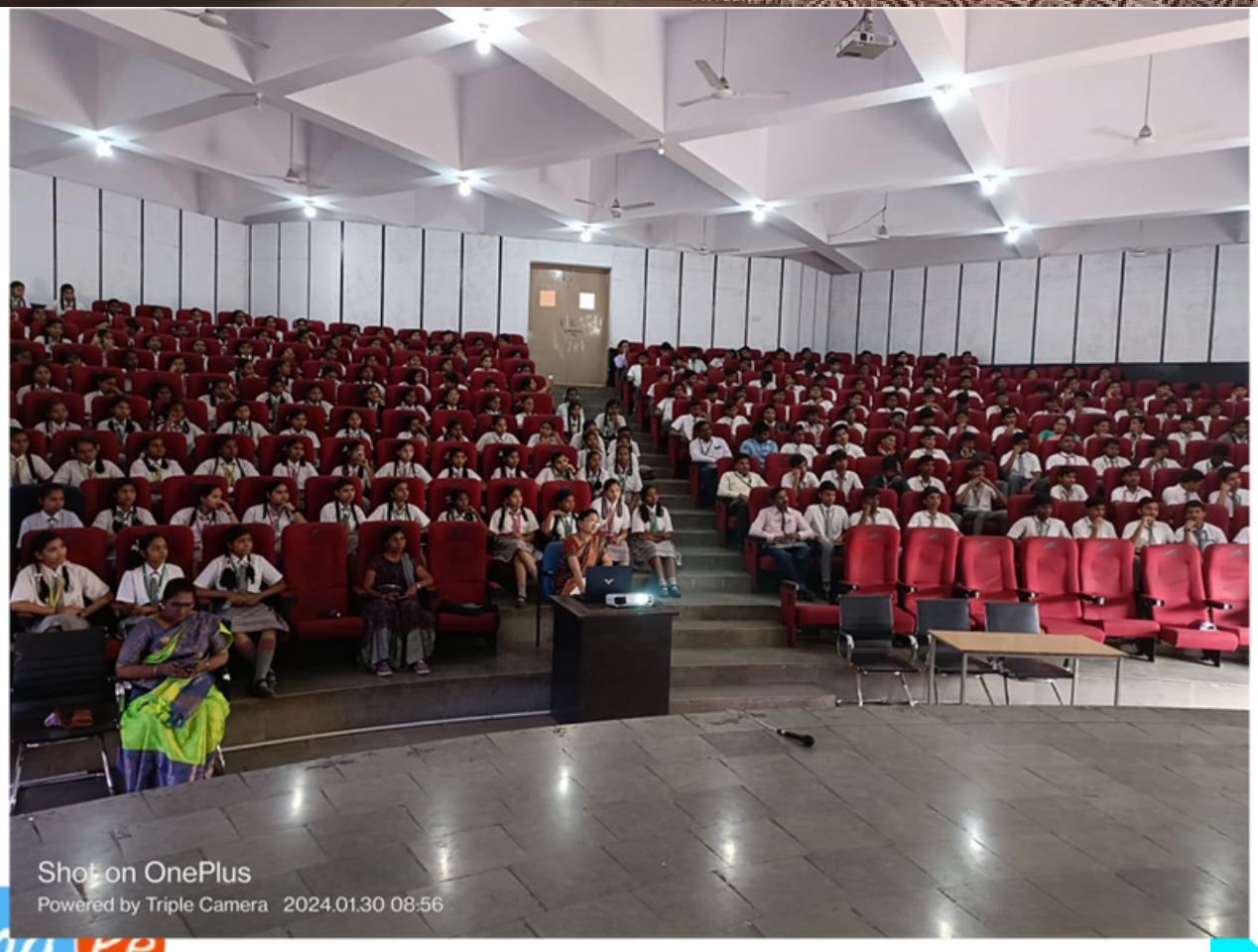




Career Counselling Session







Pariksha Pe Charcha 2024

Capacity Building Programme

On January 27th, 2024, a Capacity Building Programme on Life Skills (Advanced) was hosted for 60 teachers in the school campus. Mr. Vinayak. R, Senior Principal of Bala Vinayaka Vidya Niketan, and Dr. Shubhangi S More, Principal of KLE School, Dharwad, served as the resource persons.

The objective of the training programme was to provide a life skill-based education program focused on the development of knowledge, attitudes, and skills. The facilitators explained the meaning of life skills and briefed about the set of life skills, including Social Skills and Thinking Skills.












Parikshā Pe Charcha 2024

Leap Training (Gymnastics)

"In both the gym and in life, flexibility opens doors to new possibilities."

Gymnastics is a sport that encompasses physical exercises requiring balance, strength, flexibility, agility, coordination, artistry, and endurance.

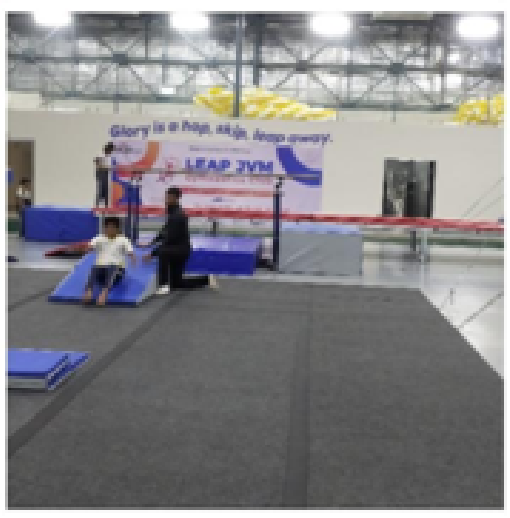
Grade 5 children underwent Leap Training (Gymnastics) at Vidyanagar Township. It was scheduled twice weekly for two different sections to participate in gymnastics.

Children eagerly awaited their turn to participate in the training. They enjoyed, cooperated, and learned new skills. Prior to the training, they had only heard about gymnastics, but through practical experience, they gained knowledge about it.

Gymnastics encourages confidence and teamwork. It develops strong and healthy bones, physical skills, and stimulates cognitive growth. It's great fun for all the children.

















Bharat Scouts and Guides

"Leave this world a little better than you found it.“
The Bharat Scouts and Guides Karnataka State conducted a District Level Training Camp from January 19th to 25th, 2024, from our school, Mrs. Shyamala N attended The Bharat Scouts and Guides Basic training course at Ballari Valmiki Bhavana. The inaugural function was graced by the Ballari District Commissioner and our Scout & Guides State Chief Commissioner, P.G.R Sindhia. The course commenced with a Flag Hoisting Ceremony. Throughout the training, various activities were organized including the history of scouting & guiding, the Promise, Law, Motto, Prayer song, learning different types of knots and lashings, as well as songs, hiking, and campfire activities. This training was aimed at preparing teachers to become Guide Captains.





Bharat Scouts and Guides









Pariksha Pe Charcha 2024

JAV- Bharat Scouts &Guides

Foundation Day/ World Thinking Day

On the occasion of Bharat Scouts and Guides Foundation Day/World Thinking Day Celebration, our school joyously observed the event on 22nd February 2024. The day commenced with a prayer followed by flag hoisting and the singing of the Flag song. The significance of Foundation Day and World Thinking Day Celebration was emphasized, alongside recitations of the Promise and Law. A mesmerizing dance performance highlighting the theme of 'Messenger of Peace' captivated the audience. Mr. Prashant Muley, the Principal, and Headmistress Bhagyavati.G shared insightful words on the importance of positive thinking and societal contribution through social service. Additionally, Governor Award certificates were presented to qualified Scouts and Guides students. The program included participation from Scouts and Guides, Cubs, and Bulbuls students. Scout Masters Ravi.M, Sreedhar M, Jilan Bhasha, Maregouda, Cub Masters Vamadev G, Manjunath, Guide Captains Padmavati P.B, Roopa M Raichur , Tulasi P.B, Shyamala N, and Flock Leaders Sunita Gandhi.P, Bharati L.P, and Anuradha.K played instrumental roles in organizing the event.





Pariksha Pe Charcha 2024

JAV- Bharat Scouts &Guides

Foundation Day/ World Thinking Day









JAV- Bharat Scouts &Guides

Foundation Day/ World Thinking Day











Pariksha Pe Charcha 2024

JAV- Bharat Scouts &Guides

Foundation Day/ World Thinking Day









Pariksha Pe Charcha 2024

JAV- Bharat Scouts &Guides

Foundation Day/ World Thinking Day







Charcha 2024

IAYP

Social skills is about how you behave,talk and play when you are around other peopel.



In the IAYP program, students engaged in voluntary service taught Grade 1 and Grade 2 students about social skills, which encompassed positive communication, behavior, and interaction with others. They assisted the younger students in distinguishing between good and bad social skills, emphasizing the importance of using courteous words such as 'please' and 'thank you.' Furthermore, they encouraged the practice of thinking before acting, maintaining a positive attitude, being attentive listeners, and observing situations carefully.









Pariksha Pe Charcha 2024

IAYP



Dinning Etiquettes

As part of the IAYP program, our students took the initiative to teach dining etiquette to Grade 1 students. They stressed the importance of approaching the table with clean hands, sitting upright with napkins on their laps, and refraining from resting elbows on the table. Furthermore, they elucidated the use of various utensils, such as the small fork for salads and the large spoon for soups. Additionally, they demonstrated the proper method of holding the fork in the left hand and the spoon in the right hand while eating. By instilling these practices early on, our students aimed to foster good manners and dining habits that will benefit them throughout their lives.









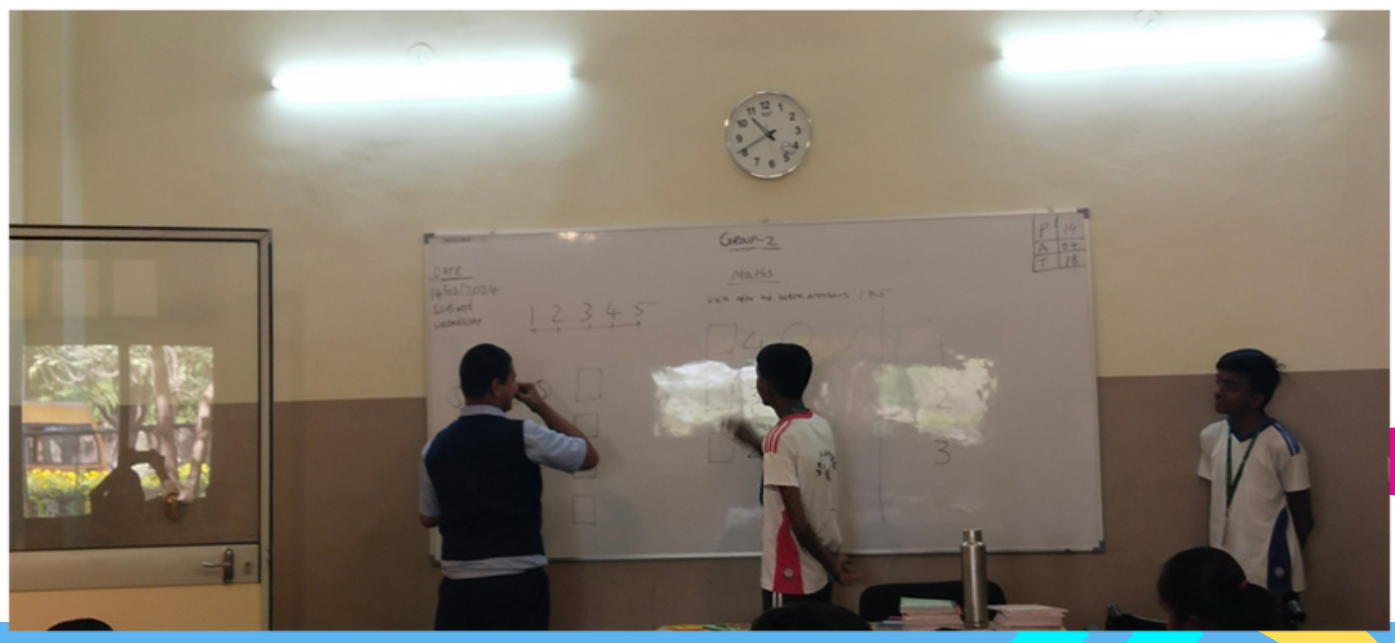
IAYP VOLUNTARY SERVICE

The visit to Tamanna School left a profound impact on both the student volunteers and the specially-abled children, fostering a firsthand understanding of disability challenges and highlighting the importance of inclusivity, empathy, and diversity. Interactions provided valuable lessons on resilience, perseverance, and the power of a positive attitude. In conclusion, the visit exemplified the spirit of the International Award for Young People, offering a meaningful and enriching experience for all involved. Special gratitude is extended to Mr. Prashanth Muley, Principal Sir, Mrs. Bhagyavathi Gajula Headmistress Ma'am, and Hemlata Verma Principal Ma'am for their unwavering support.





Date: 13/2/2024
Name: Mrs. Kavita Vinay,
IAYP Award Leader
SPOC



Pariksha Pe Charcha 2024

IAYP VOLUNTARY SERVICE

















Pariksha Pe Charcha 2024

IAYP CAMP

The IAYP camp held at the school campus and adventurous journey at Sandur involved 28 students and aimed to foster personal development and outdoor skills. Throughout the camp, participants engaged in various activities such as team-building exercises, cooking, and tent-making. The camp provided opportunities for students to challenge themselves, build resilience, and develop essential life skills. Additionally, it encouraged participants to step out of their comfort zones, embrace new experiences, and cultivate a spirit of adventure. Overall, the IAYP camp and adventurous journey was a transformative experience that promoted growth, camaraderie, and a deeper appreciation for nature and personal development.



Date: 02/02/2024 & 03/02/2024
Teacher Name: Mrs. Kavita Vinay
Mrs. Nivedita
Mr. Kotresh
Mr. Jagadesh









Pariksha Pe Charcha 2024

2D & 3D Art Works

In the art activity for Grade 4 and 5 students, the theme revolves around exploring 2D and 3D illustration techniques. Through this engaging endeavor, students will delve into the world of visual representation, experimenting with various artistic mediums and techniques to create both two-dimensional and three-dimensional artworks. They will learn about the principles of perspective, depth, and dimensionality, as well as the interplay between form and space. Students will have the opportunity to express their creativity and imagination while honing their skills in drawing, painting, sculpting, and other art forms. By embracing this theme, students will not only develop their artistic abilities but also enhance their understanding of visual storytelling and representation.This art activity promises to be a dynamic and enriching experience, fostering creativity, critical thinking, and artistic expression among Grade 4 and 5 students.





Leaf Drawing Activity

The Leaf Drawing Activity sparked creativity as students explored nature's beauty through art. They carefully observed and sketched various leaf shapes, textures, and patterns. This hands-on experience encouraged attention to detail and appreciation for the intricate designs found in leaves.





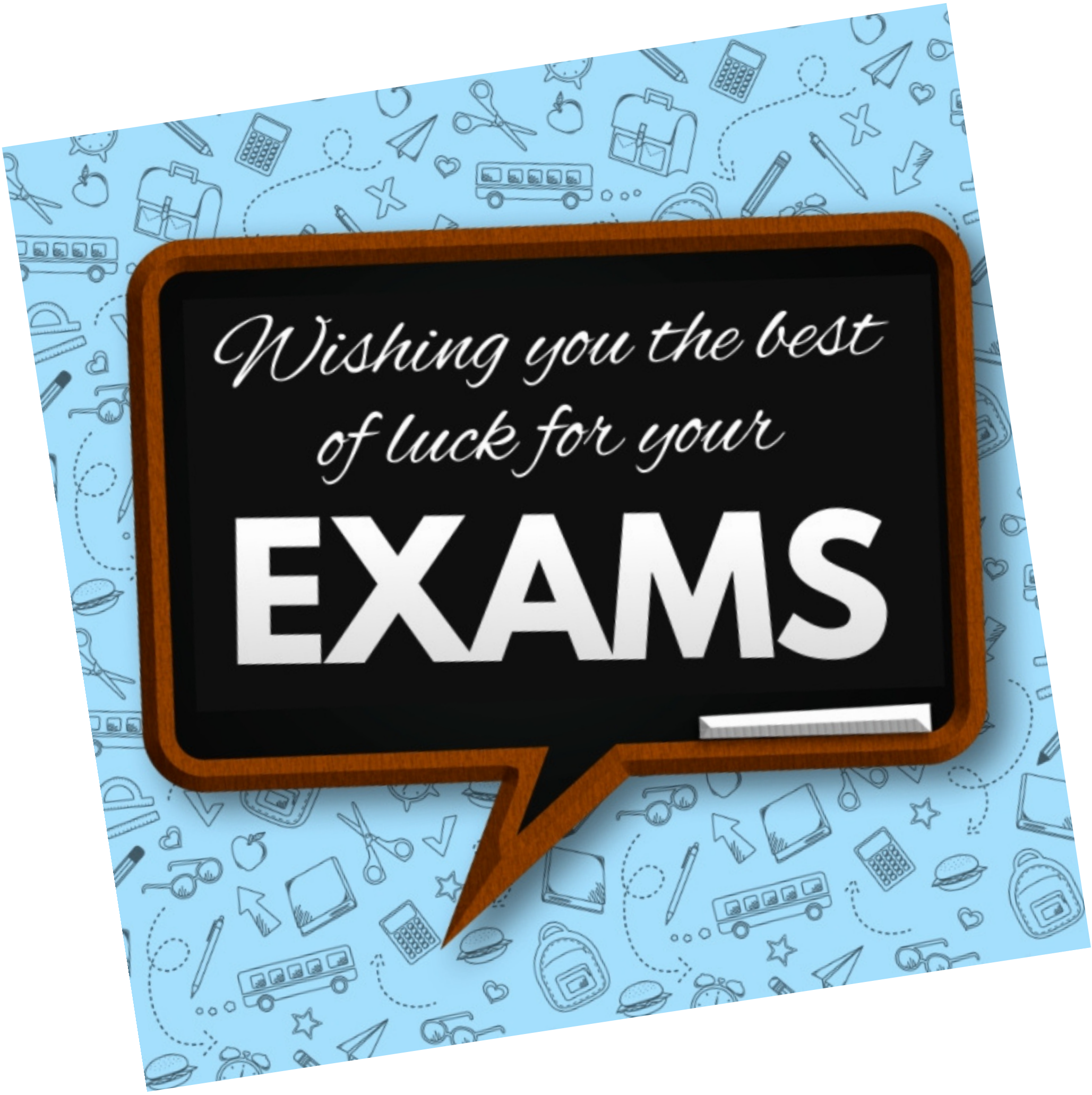


Leaf Drawing Activity





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Pariksha Pe Charcha 2024

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Pariksha Pe Charcha 2024

THANK YOU!