

Jindal Vidya Mandir, Vidyanagar**Physical Education -Annual Plan-2024-25**

Sl.no	Month	Class	Annual sports & CCA SPORTS
1	April	I to XII	Battery check-up
2	June	I & II	50Mtr Running race .(I E)
		III & IV	100 mtr & 200 mtr running race(I E).
		V & VI	100 mtr & 400 mtr running race(I E).
		VII & VIII	100 mtr & 200 mtr running race(I E).
		IX & X	100 mtr & 200 mtr running race(I E).
		XI & XII	100 mtr & 200 mtr running race(I E).
International yoga day celebration - June 21.			
World bicycle day-June 23			
3	July	I & II	Zig-zag race. (I E)
		III & IV, V&VI, VII &VIII, IX & X, XI & XII	Chess(I E)
International chess day- July 20			
Ballari CBSE inter schools chess tournament			
4	August	I & II	On the pond in the pond (I E)
		III & IV	Circle Kho-Kho(G E)
		V & VI, VII & VIII, IX & X, XI & XII	Long jump (I E)
National Sports Day- Aug 29			

Ballari CBSE inter schools football tournament			
5	September	I & II	Collecting the Dumbles (G E)
		V & VI	Cricket (G E)
		VII & VIII	Shot put(I E)
		IX & X	Discus throw(I E)
		XI & XII	Javelin throw(I E)
6	October	I & II	Save the water (G E)
		III & IV	4x100mtr Relay (G E)- & Previous month game continue.
		V & VI	Kho -kho
		VII & VIII	Kho -kho
		IX & X	Kabaddi
		XI & XII	Kho -kho
CBSE clusters, Zone ,Nationals sports competition.			
7	November	I & II	Previous games quarter finals
		III & IV	Previous games quarter finals
		V & VI	4x100 Mtr relay race(G E)
		VII & VIII	4x100 Mtr relay race
		IX & X	Football-Boys.
			Cricket -Girls
		XI & XII	Football-Boys.
Tug of war-Girls			
8	December	I to XII	Annual sports day celebration
9	January		Battery check-up