



# JINDAL VIDYA MANDIR, KALMESHWAR

## Sports Activity Calendar

**Std : LKG To X**

**Sub: Health and Physical Education**

S.No.	Month	Under 08 Class : LKG & UKG	Under 10 Class I to II	Under 12 Class III to V	Under 14 Class VI to VIII	Under 17 Class IX to X	Other Activities
1	June				Chess (Girls & Boys)	Chess (Girls & Boys)	International Yoga Day Celebration
2	July	30 mtr. Flat Race (Girls & Boys)	Dodge Ball (Girls & Boys)	Tug of War (Girls & Boys)	Baseball (Girls & Boys)	Kabaddi (Girls & Boys)	Awareness Session as Good Touch and Bad Touch
3	August	Vegetable Race (Girls & Boys)	Placing the Saucer Cones (Girls & Boys)	Athletics (Girls & Boys)	Athletics (Girls & Boys)	Athletics (Girls & Boys)	Independence Day & National Day Celebrations/ Tree Plantation Drive
4	September	Frog Race (Girls & Boys)	Tug of War (Girls & Boys)	Pesapallo (Girls & Boys)	Kabaddi (Girls & Boys)	Football (Girls & Boys)	Mock Evaluation Drill & First Aid Training
5	October	Balloon Bursting race (Girls & Boys)	Relays (4x50m) (Girls & Boys)	Dodge ball (Girls & Boys)	Football (Girls & Boys)	Basketball (Girls & Boys)	Session on Mental & Social Well- being / Shramdan
6	November	Hopping Race (Girls & Boys)	Three leg race (Girls & Boys)	Kabaddi (Girls & Boys)	Basketball (Girls & Boys)	Handball (Girls & Boys)	
7	December	Udaan Sports Meet					
8	January	Fun Games for Eye & Hand Co- ordinations	Fun Games for Eye & Hand Co- ordinations	Fitness Scrutiny for Teams	Fitness Scrutiny for Teams	Fitness Scrutiny for Teams	Republic Day Celebration