



Jindal Vidya Mandir, Kalmeshwar



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March 2023**

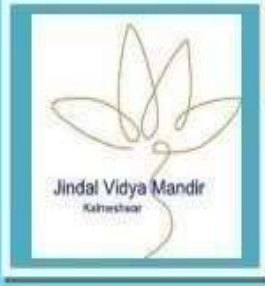
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Sky is the limit....!



Recipient of "International Dimension in Schools" by British Council



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From Principal's Desk:



Gratitude is the powerful catalyst for happiness!

Dear All,

At the end of the academic year 2022-23, I take the opportunity to congratulate the JVMMites for having completed another successful session; to the staff for facilitating the students in their journey of learning and to the parents for being supportive towards the milestones achieved by the institution.

The passing year will be cherished by us with the success stories enjoyed and accomplished by our students which includes: basic mountaineering camp at Manali, the Inter JVM Sports, Arts & Cultural fest, the Inter-School Science Exhibition, the Annual-Day celebration and many other.

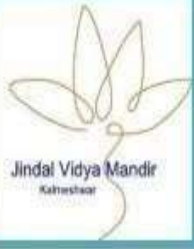
We always keep the children at center while planning what seems to be the best for them and every plan becomes a success with the active participation of our teachers and parents fraternity.

My sincere gratitude towards our esteemed Promoters, Trustees, Jindal Education Trust, JSW Steel Coated Products Ltd for their support and guidance for making a difference in what we offer to the children.

This mission of nurturing and molding children by creating opportunities for learning and transforming will continue in the upcoming academic year. The students and staff must avail the experience to be better in every way.... every day!

Be grateful for what you have experienced so far and have a great start to the new academic year!

C.Pallavi
Principal



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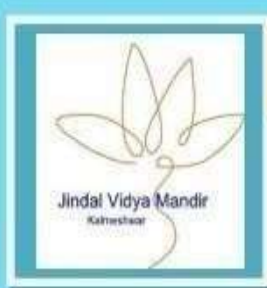
Student's Section

Colourful Revelry celebrating Holi with Joy and abundance



Students adorned themselves in colourful attires. Teachers arranged the display of colours and delicacies to depict the ambience of festivities. In addition to the understanding of the festival, the students were also made aware of the importance of the Summer season, highlighting the environmental changes and health safety measures.

The explanation and demonstration included the do's and don'ts of Holi and summer season. Students received yellow wrist bands as a token of celebration.



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Mast. Sahil Gakhare(IX)

The Junior Picasso of JVM



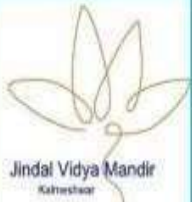
Miss Komal Bambal(VI A)



Miss Aditee Gupta(VII)



Miss Nandini Dangore(IX)



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Miss Akshika Gokhe (IX)



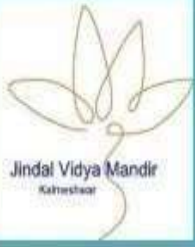
Miss Disha Padade(VIII SB)



Miss Chetna Karan(VII B)



Miss Saumya Srivastav(VII A)



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IAYP: A Step towards excellence

Jindal Vidya Mandir Kalmeshwar is the “YES” center for International Award for Young People India, formerly known as “The Duke of Edinburgh’s International Award. It encourages young people to learn new skills and build stamina for good health. It also gives opportunity to enhance 21st Century Skills.

Two sessions were conducted on (i) Special Competency in the mode of travel, Navigation and Route planning & Planning and (ii) Decision making which included knowledge of necessary equipment and how to use it. These sessions were the mandatory requirements for the forthcoming Adventurous journey.

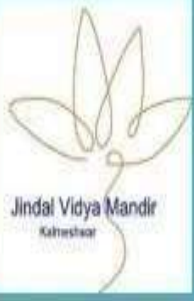


Trinity: Strengthening 21st Century Skills



Trinity, GESE exams are one-to-one, face-to-face assessments of English language speaking and listening skills with a Trinity examiner, who encourages the candidate to show what they can do through prompts and authentic interactive dialogue.

Seven students attended the online Trinity GESE examination on March 28th, 2023 from Jindal Vidya Mandir, Kalmeshwar. The examination was conducted smoothly at the school. Four students from Grade I, two students from Grade II and One student from Grade III [grades are as per Trinity Pre graded GESE examination] had attempted the examination.



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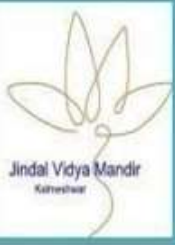
My School in Action

Congratulations

CBSE in partnership with IBM is launching the 'Future Tech Olympiad', to provide students an opportunity to assess their understanding of future technologies while inspiring them to learn and gain a deeper understanding of ethical and productive use of technology. This Olympiad aims to identify youthleaders of Digital India and give them further opportunities in IT innovation. Along with future technology skills, students will also be tested on their logical reasoning, digital literacy, analytical skills and numerical reasoning as part of the Olympiad.

Our students from class VI to IX participated in the preliminary round and 7 students got selected in the Alpha round. Congratulations to all the selected students.

Ms Nandini Dongare	Class 9
Mast Ekansh Kuralkar	Class 9
Mast Akshom Tiwari	Class 9
Mast Mohit wade	Class 8
Mast Shon Mahure	Class 8
Mast Rohit Zade	Class 7
Ms Saumya Srivastava	Class 7



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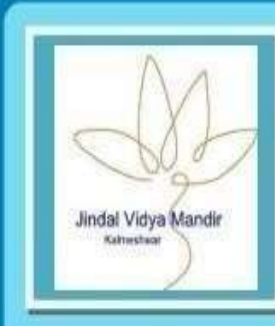
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Felicitation of Winners of Interhouse competitions Term II Session 2022-23





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Self Care

We often hear how important self-care is. However, we don't do it enough; and, it's because we don't know how. I think people have a perception that there is a procedure to self-care.

I laughed within when my sister thanked me for not telling her to do yoga and Pilates during her vacations. That's the funny thing about self-care; One doesn't have to do anything special; as I've noticed, a lot of people put self-care into their routine as a compulsion, then they feel tired because of it and forget the fun of it. Interestingly, self-care is all about having fun. My definition of self-care is letting myself do whatever I want to do. Be it, yoga, meditation or writing endlessly in a journal about the woes are not yours, so don't do it, It won't work!

Self-care only works when you listen to your body and act without resistance. I have learned to do what I wish to do in the moment. So if I randomly feel like reading a few pages of a fictional novel or walking my dog, I just get on with it. I won't push aside or procrastinate. I do it right then and there.

Why? Because in that moment my body tells me to avail a break. When the mind is overwhelmed with thoughts, avoid work at for a while, as it wouldn't reflect your best. Just do what you wish to make yourself happy so that later everything gets done in an efficient way. Because when the body and mind are relaxed, one does not resist to external environment. This way the mind becomes free to produce what it really wants, and the body responds.

Self-care is: treating ourselves with the same kindness and concern that we would give to a good friend. Ironically sometimes we count on being an enemy to ourselves instead of being a friend. We pose strict rules and regulations to be disciplined individuals, follow health and happiness routines and when we fail to achieve these unrealistic goals, we become victims of the harsh criticisms of ourselves. This leads to discouragement and self-doubt, brings down our morale and confidence due to added stress.

The best way is to set realistic and simple goals or simply no goals because self-care is the best care without targets.

Self-Care is personal, and no general principle will always work. What motivates us and inspires us is different than the person next door. Look for the things that makes you feel alive, happy and energetic. Make dates with yourself and when you commit to working out or doing something for yourself, fulfill the commitment. We don't back out on our friends, so don't back out on yourself either. By being positive, consistent and constant about self-care, one will feel better, become better and live better.



Miss C Urja (Student Editorial Board)



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The Power of One!!! Part 1...

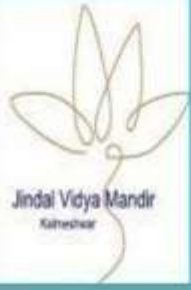
How many of you believe with me that getting success in life is a matter of preparation, commitment and a strong belief in oneself rather than a matter of luck. If you said yes, then you are on the path of glory and fulfilment. If you believe that one step towards smart work will lead you to success, then you are the most hardworking person in the world.

When the great library of Alexandria was in flames, only one book was saved, titled "Touchstone". The Touchstone was a small pebble that could turn a metal into gold. The book explained that the touchstone was on the shores of the black sea looking same as the other pebbles around. But the secret to get the touchstone was to feel it's warmth while the other pebbles were cool. The person who stood reading the book decided to find it and started the journey; He picked the pebbles and threw them off as they were cold. The same thing happened for a month but he didn't stop. One fine day he picked a stone which was warm but reflex threw the warm pebble into the sea being into the habit of doing so for more than a month or so. As a result, unknowingly he lost the opportunity that knocked his doors. What if he could have been a little cautious and thoughtful every time while throwing the pebbles, he would have become habitual to make cautious and better choices. Don't you think as the story tried to explain that, Life gives us the power of making choices at every step, but the universal truth is that the ignorant amongst us, ignore it and complain about the difficulties and frustration whereas the winners grab the opportunity and use it to their benefit.

Yes, you have this **POWER OF CHOICE** to become what you want regardless of who you are or where you are. So be a winner and grab the opportunity rather to only complain about the bad. This will help others to find good in you and that's what we all need.



Miss Srujan Mahajan (IX)
Student Editorial Board



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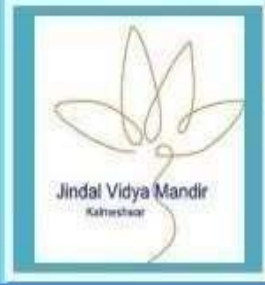


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**Women's Day
Celebration**





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Staff Section

Investing in your Health...!!!

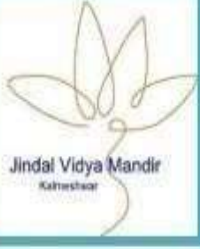
Is it important to invest in your health? Unquestionably, will surely be the response. According to World Health Organization, health covers mental, physical, emotional, social, environmental and spiritual health and not just the absence of disease. It is equally important to draw people's attention towards complete well-being. It helps us to lead a peaceful and happy life.

Every year we celebrate the World Health Day on April 7th. The theme for this is "Health for all." The main aim of observing this special day is to create awareness among people and the value of good health., World Health Day is celebrated across the world. It also creates awareness on a variety of the health issues in people of disadvantaged regions of the world.

Health is not just about eating vegetables and exercising but it is about how the people from across the world come together as one to live long and robust lives. It is possible when we have amazing discoveries like new medicines and vaccines to stay healthy, strong and cheerful, which keep us safe and immune from deadly diseases. It is our perseverance, innovation and commitment to bring communities together with our contribution for this worldwide movement. Everyone has a role to play. We will make more discoveries, have more victories over diseases and help more people to live flourishing and cheerful life in the future. Contribute your bit to face the challenges of the future with science, solutions and solidarity.

Ms Deepa Nigam
Special Educator





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सोमा के कविता संग्रह से.....

स्वच्छता ही सेवा

आइए साफ रखें हम , सभी सार्वजनिक स्थान ।
सैलानियों के लिए है , भारत की पहचान ॥
होगी जहां पर स्वच्छता , देवता करे वास ।
स्वच्छ हमें रखने होंगे, काशी- काबा- कैलाश ॥
स्वच्छ रहे हर गांव शहर , विख्यात होगा नाम ।
घर घर की सफाई से, नहीं चले भाई काम ॥
सड़क बस रेल मेट्रो, सबके आती काम ।
उन्हें स्वच्छ रखने में, नहीं लगेगा दाम ॥
जीवनदायिनी हमारी नदियां, है देश की शान ।
इन्हें स्वच्छ रखने में, दे अपना योगदान ॥
स्वच्छता रखना जरूरी, दूर रहेंगे रोग ।
प्रथम सुख निरोगी काया, कह गए सभी लोग ॥

सोमा भौमिक
हिंदी विभाग





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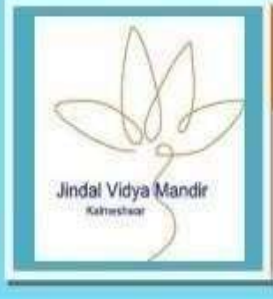
From Prachi's Poetry:

My school promise

Each day I'll do my best
And I won't do any less.
My work will always please me
And I won't accept a mess.
I'll colour very carefully.
My printing will be neat.
And I will not be happy
Until my work is all complete.
I'll always do my homework,
With learning as my quest.
I won't forget my promise
To always do my best.

Ms. Prachi Gaharwar
English Department





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समस्त महिलांना माझा सलाम....

'आई माझी इंग्लिश ची वही दिसत नाही, आई माझे मोजे दिसत नाही, आई माझी वेणी करून दे, आई मला डब्यात वांग्याची भाजी नको, सुधा माझी ऑफिसची फाईल दिसत नाही, घरातील सासू म्हणते, माझ्यासाठी चहा आण गं, आई दूधवाले काका आले. वरील सर्व सकाळच्या वेळेचे प्रत्येकाच्या घरचे हे चित्र किंवा संवाद आपल्याला ऐकू येत असतात.

सगळ्यांचं ऐकून घेणारी व करणारी व्यक्ती म्हणजे आई. प्रत्येकाच्या वस्तू जागच्या जागी ठेवणारी व प्रत्येकाला लागेल ते वेळेवर किंवा हातात आणून देणारी व्यक्ती म्हणजे आई. त्या सगळ्या वस्तू तिथेच ठेवलेल्या असतात पण त्या आपल्याला दिसत नाही. कारण तिनी त्या आपल्याला आणून द्याव्यात अशी प्रत्येकाची इच्छा असते. घरातल्या प्रत्येकाचे आवरून तिला ऑफिसला किंवा तिला तिच्या कामाच्या ठिकाणी जायचे असते पण याचा कोणीच कधीच विचार करत नाही. ती सगळ्यांच्या आधी उठते सगळ्यांचं वेळेवरती करून देते. एखाद्या यंत्राप्रमाणे ती हे सर्व कामे करत असते. तेवढ्याच चपळतेने न थकता. घरी कोणी आजारी असले की एखाद्या परिचारिके सारखी तिची सुश्रुषा केली जाते. दवाखान्यात परिचारिकेला पगार दिल्या जातो पण घरच्या व्यक्तीला मात्र काहीच नाही, असे बरेच उदाहरण आपल्या घरी आपण बघत असतो.

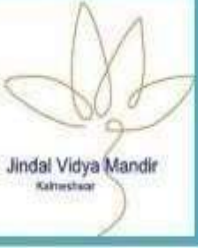
ती एखाद्या वेळेस घरी नसेल किंवा कोणत्या कामाने तिला बाहेरगावी जावे लागले तर घरात सगळ्यांची धावपळ होत असते आणि सगळेजण तिला तू कधी येणार? हा प्रश्न विचारत असतात. त्या दिवसात प्रत्येकाला त्यांच्या वस्तू ही मिळत नसतात. ती जेव्हा कामे करते तेव्हा तिच्याबद्दल कोणालाच काहीच वाटत नाही पण ती नसताना प्रत्येकाला तिची कमतरता वाटत असते.

ती जेव्हा घरी असते तेव्हा नेहमी तिला म्हटले जाते, "तू घरीच तर असतेस, दिवसभर काय करते?" घरी जरी काम करण्यासाठी कोणी मदतनीस लावली असेल, तेवढ्या कामातून तिला सुटका मिळते पण त्याही व्यतिरिक्त तिला घरची बाहेरची कामे करतांना तारेवरची कसरत करावी लागत असते हे कोणाच्या लक्षातच येत नाही.

माझ्या मते तरी प्रत्येक स्त्रीला सन्मानाने वागविले पाहिजे, अशा सर्व स्त्रियांना व महिलांना माझा सलाम...

ज्योत्स्ना रणधीर मराठी विभाग





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Media Accolades

TheHitavada

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ehitavada.com

JVM girls clinch softball crown

THE Under-14 girls softball team of Jindal Vidya Mandir (JVM), Kalmeshwar won the DSO's Divisional-Level Tournament softball tournament and qualified for the State competition.

The State meet will be held at Yavatmal. The winning team comprised Riya Chore, Rakshita Thaware, Nirjala Deewan, Akshara Shende,

Nakshatra Wade, Aditi Katre, Shrushti Mendhe, Sejal Tikle, Hitanshi Bisen, Hasri Upase, Aarushi Pawar and Vaishnav Lohakare. Rajesh Jain, Plant Head of JSW Steel Coated Products Limited, Kalmeshwar and Principal Pallavi Chakkilal congratulated the team and sports faculties Govinda Pa and Nikhil Wahane and extended wishes for the State meet.



मातृभाषा जपायला हवी!

जिंदल विद्या मंदिर, कळमेश्वर येथे आयोजित कार्यक्रमाला प्रमुख पाहुणे म्हणून पराग बुरडकर व दीपा निगम उपस्थित होते. रिया गमे हिने कुसुमाग्रजांवद्दल माहिती सांगितली. विद्यार्थ्यांनी मराठी भाषेचे गौरव करणारे नृत्य व लेझीम प्रस्तुत केले. पराग बुरडकर यांनी विद्यार्थ्यांना मार्गदर्शनात मराठी भाषेचा उगम, भारतात मराठी भाषेचे स्थान, मराठी संस्कृतीचा वारसा, मातृभाषा जपण्याचे महत्त्व यांबद्दल मार्गदर्शन केले. मुख्याध्यापिका पल्लवी चव्कोलाला यांच्या मार्गदर्शनानुसार प्राचीन व अर्वाचीन मराठी कविता, मराठीची प्रतिज्ञा इत्यादी उपक्रम राबवण्यात आले. ज्योत्सना रणधीर यांनी पाहुण्यांचे आभार मानले. कार्यक्रमाचा समारोप वृषभ राव याने मराठीची प्रतिज्ञा सांगून तसेच राष्ट्रगीताने करण्यात आला. कार्यक्रमाचे सूत्रसंचालन दर्शिका चापके, योगिता बांगरे, स्वरा साठोने या विद्यार्थिनींनी केले. यशस्वितेसाठी ओम नन्हे, अंकिता सावळकर यांनी परिश्रम घेतले.

Maharashtra Times: 28th February 2023

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Next Month Jubilation



World Health Day- 7th April



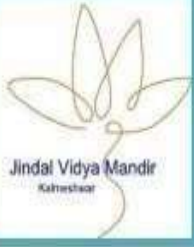
Earth Day- 22nd April



Ambedkar Jayanti- 14th April



**World Day for Safety and Health at
Work- 28th April**



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Editorial Team



Ms C. Pallavi



Ms Priyanka Wasnik



Ms Chetna Joseph



Ms Priya Agarkar

Student Editorial Team



Miss C. Urja



Miss Srujan Mahajan



Miss Swara Satone



Thank You