



DAL VIDYA MANDIR, KALMESHWAR

A.Y 2025 -2026

Sports Activity

Std : Nur. To X

Sub: Health and Physical Education

S.No.	Month	Activity Date & Time	Under 12 Class III to V	Under 14 Class VI to VIII	Under 17 Class IX to X
1	2	5	6	7	8
1	April	5th April 9am to 12:30pm Saturday		Chess (Girls & Boys)	Chess (Girls & Boys)
2	June	28th June 9am to 12:30pm Saturday	20th CCA - P Rope Skipping (Girls & Boys)	Rope Skipping (Girls & Boys)	Rope Skipping (Girls & Boys)
11th International Day of Yoga Saturday, 21 June 2025					
3	July	12th July 9am to 12:30pm Saturday	18th CCA - P Sack Race (Girls & Boys)	Kabaddi (Girls & Boys)	Kabaddi (Girls & Boys)
4	August	23th Aug. 9am to 12:30pm Saturday	22nd CCA - P Lemon and Spoon	Volleyball (Girls & Boys)	Volleyball (Girls & Boys)
National Sports Day Friday, 29 Aug. 2025					
Under 4 Category Class - NURSURY Boys & Girls - Collection the Object, 50m Race. Under 6 Category Class - LKG & UKG Boys & Girls - Collection the Object, Book Balancing Under 8 Category Class - I- (A&B) Boys & Girls - Frog Race, Brusting The Balloon Race. Under 10 Category ClassII - (A&B) Boys & Girls - Hurdle Race, Get Ready for the School.					
5	September	13th & 27th Sep. 9am to 12:30pm Saturday	5th CCA - P Three leg race (Girls & Boys)	Kho-Kho (Girls & Boys)	Kho-Kho (Girls & Boys)
6	October	11th & 25th Oct. 9am to 12:30pm Saturday	10th CCA - P Tug of war (Girls & Boys)	Hockey (Girls & Boys)	Hockey (Girls & Boys)
Inter House Annual Sports Meet 2025-26					
7	November	29th Nov. 2025 9am to 1:30pm Friday	80 mtr.	100 mtr.	100 mtr.
			Long Jump	200 mtr.	200 mtr.
			Shot Put	400 mtr.	400 mtr.
			100X4 Mixed Relay	100 mtr Hurdles Race	Long Jump
				Long Jump	Shot Put
				Shot Put	Discuss Throw
				Discuss Throw	Jajelin Throw
				100X4 Relay	100X4 Relay