



Jindal Vidya Mandir, Sholtu

Monthly Newsletter
AUGUST 2023



LEAFLET



"It is never too late to be what you might have been."

Dear Parents & Dearest Students
Greetings!



Together we have completed more than half of the academic session successfully and in the recently concluded Parent-Teachers Meeting, we (Teacher-Child-Parent) interacted together focusing on the holistic development of the child to improve further. As a students at this age, life of young minds often feels like an elusive goal to find balance in the whirlwind of academic pursuits, extracurricular activities, social engagements and personal growth. Achieving balance in student life is a delicate art that involves mastering time management, nurturing diverse interest, cultivation relationships and prioritising self-care. In this message, I will try to stress on striking the balance between Academic and other activities.

Academics form the cornerstone of student life, however the academic journey can sometimes become overwhelming, leading to stress and burnout. In order to maintain balance in academics, effective time management is paramount. Creating a study schedule, setting achievable goals, and prioritising tasks can prevent last-minute cramming and sleepless nights. Never hesitate to seek help when needed. Beyond academics, student life encompasses much more like co-curricular activities, social interactions, self-care etc.

The key to balancing extra-curricular activities with academics lies in moderation. Overcommitting to too many activities can lead to time conflicts, exhaustion, and decreased academic performance. Choose activities that genuinely resonate with you and align with your goals, then allocate time for them without compromising your studies. Building and nurturing relationships is essential for emotional support, stress relief, and personal happiness. However, socializing should also be balanced. Spending too much time socializing at the expense of your studies can have negative consequences. On the flip side, isolating yourself to focus solely on academics can lead to loneliness and feeling of disconnection.

In the quest for academic achievements and extra-curricular activities accomplishment, students often neglect the most crucial aspect- Self Care. Without a healthy mind and body, maintaining balance becomes exceedingly challenging.

Prioritize self-care by ensuring adequate sleep, engaging in regular physical activity, and nourishing your body with a balanced diet is important. If we take care of these things and follow it with punctuality & discipline, we will surely achieve the TARGET.

Happy Reading!!!

आज भारत चांद पर है- *Chakshita, Class XI*

India is on moon today. The words we wanted to hear from the past four years have become a reality now. Chandrayaan 3 has successfully landed on the moon and the whole world has congratulated us. But this is only the first half of the story. Chandrayaan-3 missions will help us to find alien worlds. These missions will guide us to make colonies on the moon. And all this will happen in these 14 days. As important as reaching the moon was, the missions to be done on the moon are even more important. What do our scientists want to do in these 14 days? So today let's discuss the answer to this question. After landing for 14 days or one full lunar day, the Chandrayaan-3 mission will run. After 14 days, the lunar day will end and the lunar night will begin. The temperature will instantly drop upto -130°C . We have not made provisions for surviving in such a low temperature. Plus, due to being solar powered and there being no power source after 14 days, the Chandrayaan -3 missions will get completed. But remember my dear friends that these 14 days are gonna be very crucial because there are different payloads on Chandrayaan. Now, let's understand each payload briefly. Let's divide the whole project into 3 parts. First propulsion module which has one payload. Second Vikram land which has four payloads. Third Pragyan rover which has two payloads. The Propulsion module has SHAPE which mean spectropolarimetry of habitable planet Earth. It will observe the earth instead of the moon. What are the qualities? What are the components which make our planet earth habitable? This is what shape wants to study. It will study radiations from different planets similar to that of Earth so that we can find our next planet Earth. Let's move ahead towards the Vikram Lander. For those who don't know, Vikram lander's name is in the memory of the father

of Indian space program- Vikram Sarabhai. If in future we want to make a colony on the moon then we need to take control over the extreme temperature of moon. During the day time it's around 120 degree celsius and in the night time it falls up to -130 degree celsius. Temperature fluctuates a lot. CHASTE, Chandra's Surface Thermophysical Experiment- will study the temperature on moon. This device will make a small hole on moon surface and then heat the land around it .It will study how the heat impacts the moon's surface. Not going in much detail lets talk about Pragyan rover. This rover will explore only 0.5 km away from Vikram but it is yet significant. This is a solar powered rover and it will communicate with Vikram and then the information from Vikram will reach here to earth. It has two payloads. APXS- Alpha Particle X-ray Spectrometer. This is a kind of gun but not an ordinary gun- radioactive gun. This will study the soil there and most importantly the elements present in it. This was just a brief explanation of this benchmarking, miraculous mission. It feels proud to see that more than 8 million people watched Chandrayaan's landing live on YouTube. Multiplexes were showing shows on landing which were houseful. People of different religions, casts, sects were brought together by science. Almost everyone left their political differences and atleast fir a day focused on one goal and cheered for Bharat, cheered for India.



Chakshita
CI-XI

INDEPENDENCE DAY "Nation First, Always First".



The school celebrated 77th Independence Day with great zeal. The Chief Guest Col. Jaswinder Singh hoisted the National Flag. Since State of Himachal Pradesh was going through the pain of loss of life & property due to Cloud burst & flash floods, no cultural events were organized as directed by the government of HP.

Career Dilemma



Tsultrim Gyatso

Today, I want to talk to you about an important topic that I believe is on the minds of many of you: choosing a career in a rapidly changing technological world. As we all know, technology is advancing at an unprecedented pace, revolutionizing the way we live, work, and interact with each other. With these rapid changes come new opportunities and challenges, especially when it comes to selecting a career path. In the past, certain career options seemed stable and reliable, but today, we find that the job market is constantly evolving. Jobs that were once in high demand may become obsolete, while entirely new fields emerge. This means that the choices you make now will significantly impact your future.

Firstly, I encourage each one of you to embrace technology. Embracing technology doesn't mean you have to become an expert in coding or robotics, but rather developing a mindset that embraces change, is adaptable, and open to learning new skills. Technological advancements are shaping every industry, and having a basic understanding of technology will be beneficial regardless of the career path you choose.

Secondly, I want you to think about your passions and interests. What are you truly passionate about? What do you enjoy doing? Finding a career that aligns with your passions will not only bring you happiness and fulfillment

but will also give you the motivation to stay ahead in the ever-changing world of technology. Whether it's in healthcare, engineering, design, or entrepreneurship, there are opportunities in every field that are being transformed by technology. Additionally, it's crucial to develop a strong foundation in fundamental skills. No matter how much technology advances, skills like critical thinking, problem-solving, communication, and creativity will always be in demand. These skills provide the flexibility and adaptability needed to navigate a rapidly changing job market. Furthermore, keep an eye on emerging fields and industries. Stay informed about the latest trends and developments in technology. This will give you insights into potential future career opportunities. Explore areas such as artificial intelligence, cybersecurity, data science, renewable energy, and virtual reality, among others. These fields are experiencing tremendous growth and will continue to shape the future. Lastly, remember that choosing a career is not a one-time decision. It's a journey of continuous learning and growth. Be prepared to adapt and upskill throughout your career. Lifelong learning will be essential to stay relevant and thrive in the face of technological advancements.

In conclusion, the future is indeed filled with exciting opportunities, thanks to the rapid changes in technology. Embrace technology, follow your passions, develop fundamental skills, stay informed about emerging fields, and be ready to learn and adapt throughout your career. Remember, the choices you make today will shape the path you walk in the future.

Thank you, and I wish you all the best in your career journeys!

Rakhi Making : Best Out of Waste



Raksha Bandan is a precious and pious occasion to celebrate the beauty of Love between brother and sister. Rakhi making activity was organised for the students of classes III to XII Children made Rakhi by using best out of waste. They all participated with a lot of passion and made colourful Rakhis.



आपदा सेवा सदैव सर्वत्र-**NDRF**

On Rakshabandan Day-Mock Drill cum Awareness Session was conducted in collaboration with NDRF team of Himachal Pradesh, HSE-JSWHEL Sholtu with a theme of “*Raksha Apni aur Dusuro Ki*” for the students of JVM Sholtu & Community Schools.

Around 150 students and teachers attended the session wherein NDRF aims to educate and prepare them to respond to emergencies caused by natural or man-made disaster.

In this session, NDRF Team focused on Preparedness, Teamwork, Cooperation, Identify Potential Leaders, Imparting Practical Skills, Handling Emergency situations, Educate on different types of disasters etc.

The session equips the school students with essential life skills, fostering a culture of preparedness and responsibility. By empowering our youth with knowledge and training, we can contribute to a safer and more resilient society that can effectively respond to natural disasters.

SMC Chairperson Sh. Kaushik Maulik appreciated the efforts of JVM Students and congratulated School Principal & Teachers for giving a new meaning to the festival.

CPR Live demonstration- NCC/BS&G and NDRF



How to deal with Injury- Snake bite/ Bleeding/ Fracture



Rescue Operation-Joint Operation NDRF & NCC Cadets



Together We Can-NDRF Team with Participants



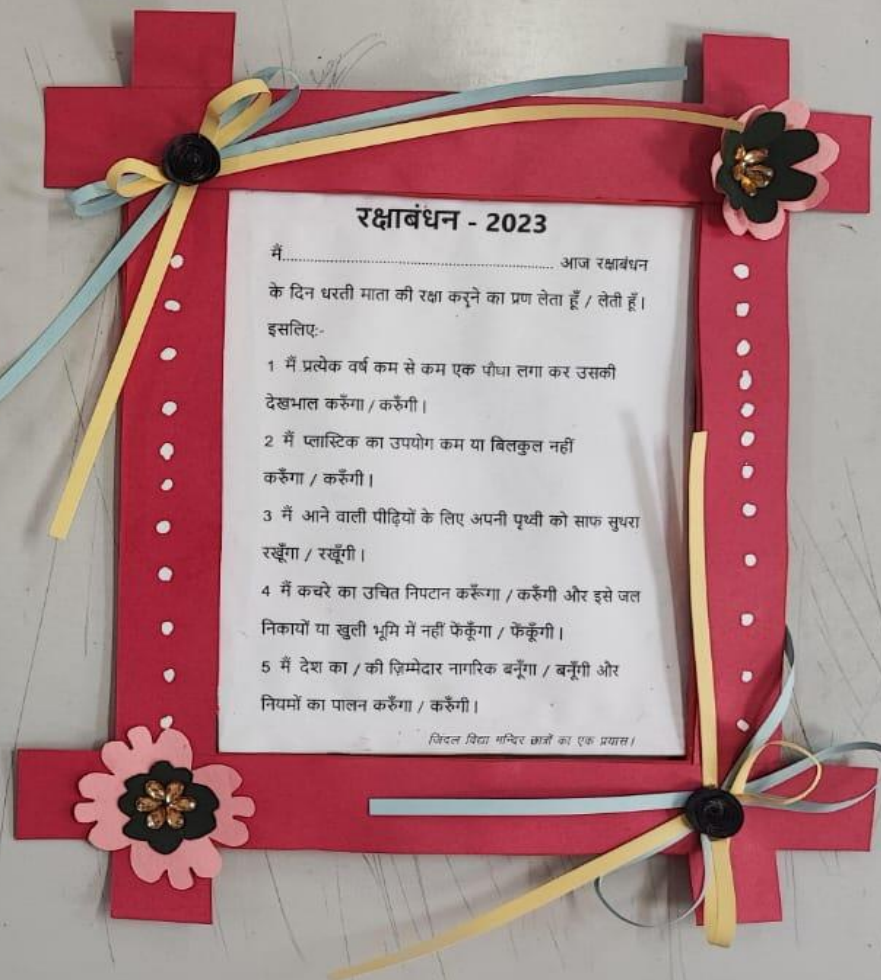
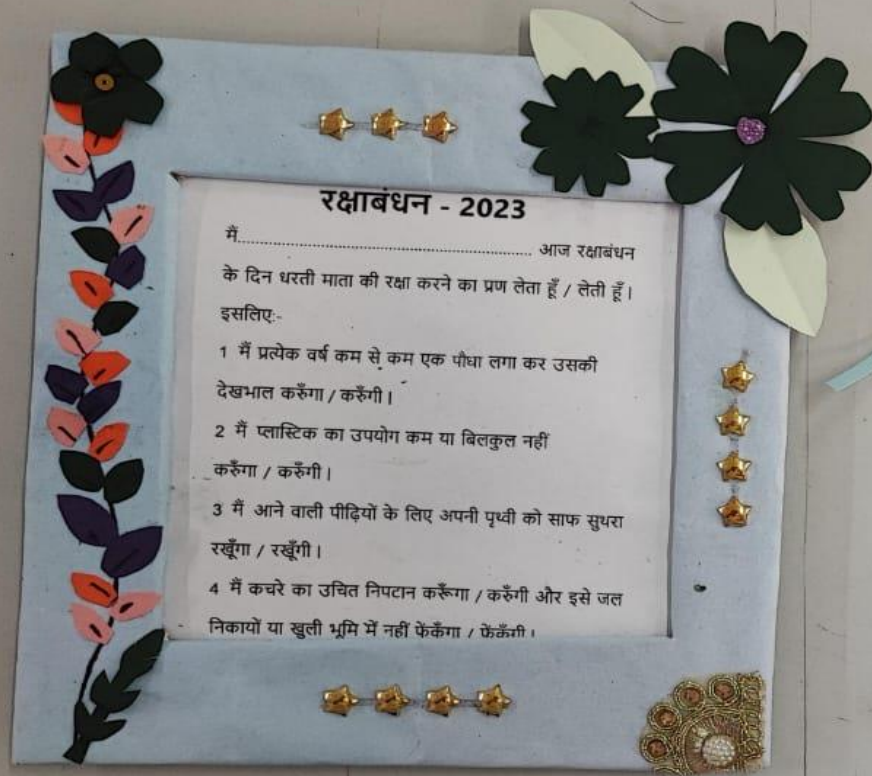
Lets Give a NEW Meaning to Rakshabandan

‘Hum Raksha karenge Dharti Ma ki’

Defying the age old tradition, the students of JVM Sholtu gave a new definition to the festival. This year they pledged to save the environment and become the saviour of Mother Earth. NCC cadets and Scouts & Guides of JVM Sholtu planted saplings in collaboration with the Forest Department. They tied the knot of love and protection to the trees which are our main supportive system. Customised photo frames with an oath pasted were gifted to the shopkeepers in the Tapri market. The students urged the public to take the oath of being a responsible being of the planet, discard single use plastic and grow more trees. With a hope to ignite the flame of change the JVM students gave a wonderful approach to this significant day.

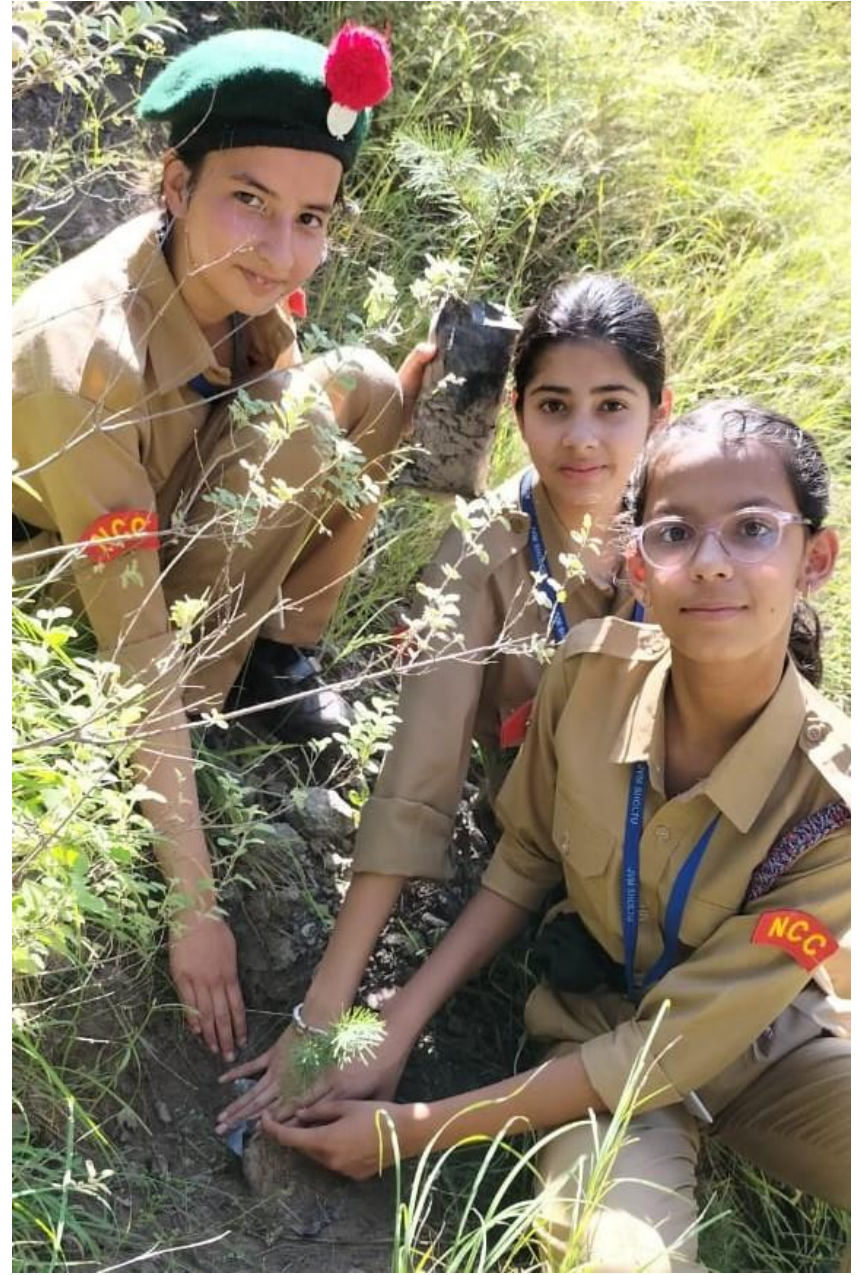
Rakshabandan-PLEDGE

Spreading Awareness to Protect Mother Earth



Tie a knot & take pledge to Protect Mother Earth





Protection, Love, and Duty



Department Meetings-August 2023

AGENDA:

- Academics along with Annual Day Preparation
- Upcoming Periodic Assessment-Planning
- Pre -Board for class X and XII
- CBSE Activities- Ganit Challenge, Reading Skill etc
- Revision time period before the exams /pre-boards
- Half-yearly Examination Result Output



Language Dept.



S.St. Dept.



Science Dept.



Maths Dept.

Photo Frame Making



BEST BOARD FOR THE MONTH OF AUGUST



Class Category 1 to 5

Class 7th 10th 11th & 12th (Difficult to Choose the Best)

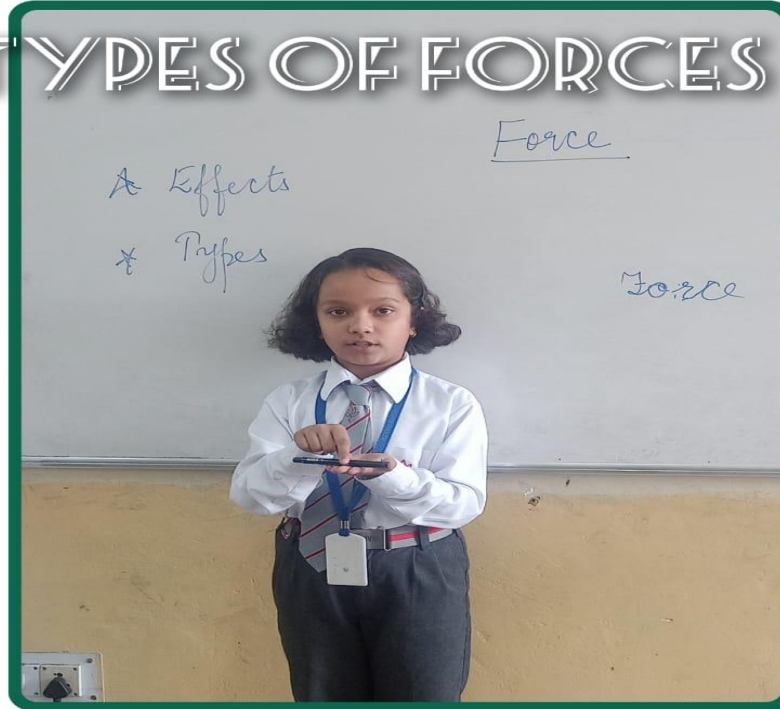


I prefer a
hands-on
experience



Science Activity -Peer Learning

Students explaining Effects of Force and Types of force with learning aids.



Create Your Own Soil Profile



The purpose of this activity is for students to create a desktop soil profile based on the biome region of the Kinnaur school is located. They explore concepts of layering and different horizons of the soil, each having their own special characteristics



MATHS DEPARTMENT

Activity on Cylinder and Sphere



The aim of this activity is to discover, using knowledge of finding the volume of prisms and hence of a cylinder, how to calculate the volume of a sphere.



Class 2 students were overjoyed to do Maths activity of pasting bindis to highlight plane shapes. This hands-on approach made the learning fun and engaging for them.

S.St. DEPARTMENT

GRAM PANCHAYAT-1st Level of Democracy



A play was performed by the students of class 6 on Gram Sabha meeting. The purpose of conducting this act was to make the students aware of the proceedings of Gram Sabha and how problems are discussed and resolved by the local representatives.

<https://youtu.be/wjJOUAzL2B0>

PRE-PRIMARY- *Join Letters to make a Word*



This hands-on experience not only enhanced their vocabulary but also fostered a deeper connection to the letters that form the foundation of communication.

(ऐ) Matra Activity



The children of Grade UKG learnt about the (ऐ)matra of the Hindi writing system through an engaging activity where they are showing objects related to(ऐ) matra . The activity proved to be quite helpful as the students were very interested and involved, and their concepts were clarified .

MUSIC ACTIVITY



Heartfelt music activity unfolded as the second-grade students gathered to sing "Vande Mataram," a patriotic song that evokes a deep sense of pride and unity.

INTER-HOUSE

COCURRICULAR

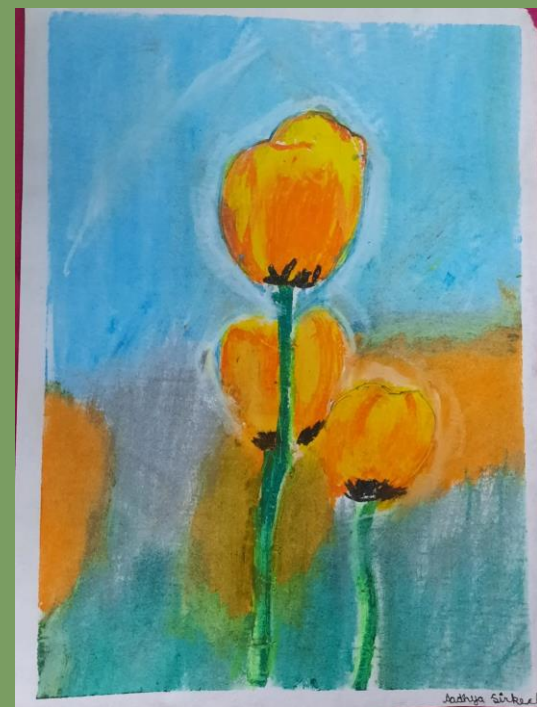
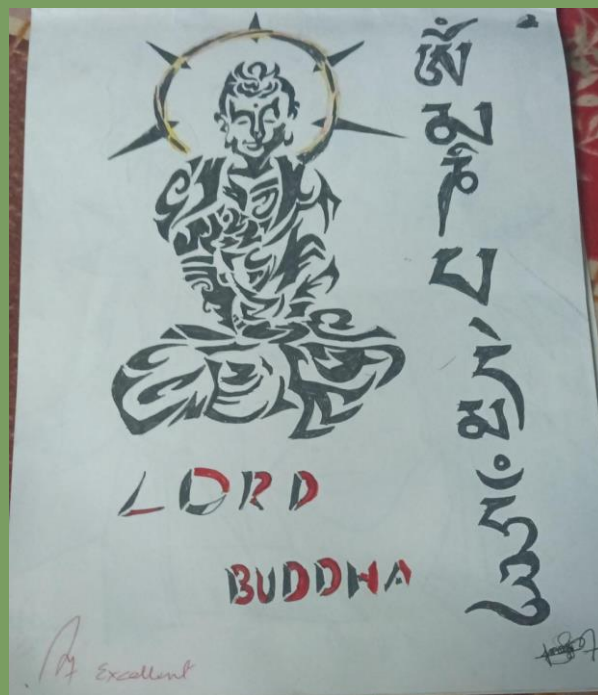
ACTIVITIES



FLAG MAKING ACTIVITY



The Pre-primary children enthusiastically participated in a flag-making activity to celebrate Independence Day. Guided by their teachers, they used vibrant colors and simple materials to create their own miniature Indian flags. The activity aimed to teach them about the significance of the tricolor and the history behind Independence Day. The little ones had a great time expressing their creativity while also learning about their country's freedom struggle.







STUDENTS EDITORIAL BOARD



SAMEER

X



PRAGATI

X



TEACHER'S EDITORIAL BOARD



Editing
DINESHWARI



Write up
AMITA
NEGI



**Graphics &
designing**
SEEMA



Creativity
TSULTRIM
GYATSO



Thank You!