



Jindal Vidya Mandir, Sholtu

Monthly Newsletter
MARCH, 2024



LEAFLET



"Every accomplishment starts with the decision to try."



Dear Parents, Teachers & Students

As we navigate through the dynamic landscape of education in the 21st century, it is imperative for us to adapt to changing trends and embrace innovation. The Indian Education System, renowned for its rich heritage and traditions, is witnessing a transformative shift towards modernization and global integration. At Jindal Vidya Mandir, Sholtu we recognize the importance of staying ahead of the curve and preparing our students to thrive in an increasingly interconnected and technology-driven world. As such, I would like to share some insights on the changing education trends shaping our approach to teaching and learning. With the rapid advancement of technology, digital learning platforms, interactive tools, and multimedia resources have become integral components of the modern classroom. Embracing digital transformation allows us to enhance student engagement, facilitate personalized learning experiences, and foster digital literacy skills essential for success in the 21st century. Beyond traditional & rote memorization, experiential learning methodologies such as project-based learning, hands-on activities and real-world simulations empower students to actively engage with the curriculum and apply theoretical knowledge

to practical contexts. By immersing students in experiential learning experiences, we foster critical thinking, problem solving abilities and a deeper understanding of complex concepts. We celebrate diversity, accommodate individual learning styles, and create a supportive learning environment where every student feels valued and empowered to reach their full potential. In addition to academic excellence, nurturing 21 st century skills such as creativity, collaboration, communication and critical thinking is essential for preparing students for the challenges of the future workforce. We equip our students with the competencies needed to succeed in an increasingly competitive and rapidly evolving global economy. We are committed to broaden our students' horizons and cultivate a sense of responsibility towards addressing global challenges and promoting social justice. As we embrace these changing education trends, I encourage parents, teachers and students alike to actively participate in this journey of transformation. Together, let us harness the power of education to inspire curiosity, ignite passion, and unlock the potential within each and every student.

Thank you for your unwavering support and commitment to educational excellence at Jindal Vidya Mandir, Sholtu. Together, we will continue to shape the future leaders and innovators for tomorrow.

Bikram Singh Negi
Principal, JVM SHoltu

ओम मंत्र का जीवन में महत्व

सनातन धर्म में पूजा पाठ व जाप आदि के लिए एक समय बताया गया है। इसी तरह से ओम का उच्चारण प्रातः सूर्य उदय से पूर्व उठकर करना चाहिए। ओम का जाप करने के लिए एक शांत जगह का चुनाव जहाँ पर आप पूरी तरह ध्यान लगा सके आप सुखासन मुद्रा में बैठकर मन में ओम की आकृति का ध्यान लगाते हुए उच्चारण करना चाहिए।

एक बार में काम से कम 10 बार ओम का उच्चारण करना चाहिए। इसके बाद आप धीरे-धीरे उच्चारण की अवधि बढ़ा सकते हैं।

ओम जाप के फायदे

- . ओम का उच्चारण करने मात्र से ही शारीरिक और मानसिक रूप से शांति प्राप्त होती है।
- . ओम का उच्चारण और जाप करने से आसपास के वातावरण में भी सकारात्मक ऊर्जा का संचार होता है।
- . यदि सही प्रकार से पूर्ण ध्यान लगाकर ओम का जाप किया जाए तो इससे आपको सकारात्मक शांति और ऊर्जा की प्राप्ति होती है

- . माना जाता है कि नियमित रूप से ओम का जाप करने से एकाग्रता और स्मरण शक्ति में वृद्धि होती है।
- . नियमित तौर पर ओम का उच्चारण व जाप करने से तनाव और अनिद्रा जैसी समस्याओं से मुक्ति प्राप्त की जा सकती है।
- . जब ओम का उच्चारण करते हैं तो पूरे शरीर में कंपन सा होता है जिससे आपके पूरे शरीर को लाभ पहुँचता है।
- . ओम का उच्चारण करने से रक्तचाप से संबंधित समस्याओं में भी लाभ होता है।



आरती शर्मा

श्रद्धावान्लभते ज्ञानं तत्परः संयतेन्द्रियः।
ज्ञानं लब्ध्वा परां शान्तिमचिरेणाधिगच्छति ॥



एंजल कालिया
कक्षा -7

अर्थ- श्रद्धा रखने वाले मनुष्य, अपनी इन्द्रियों पर संयम रखने वाले मनुष्य, अपनी तत्परता से ज्ञान प्राप्त करते हैं, फिर ज्ञान मिल जाने पर जल्द ही परम-शान्ति को प्राप्त होते हैं। पढ़ने वाले बच्चों के लिए यह श्लोक बहुत ही उत्तम है। यह उन्हें एकाग्रचित होकर अपने लक्ष्य की ओर ध्यान लगाने के लिए प्रेरित करता है। भगवद गीता, या गीता, कुरुक्षेत्र युद्ध की शुरुआत से पहले भगवान कृष्ण और अर्जुन के बीच होने वाला प्रवचन है। भगवान कृष्ण की शिक्षाओं ने जीवन के बारे में अर्जुन के दृष्टिकोण और इस प्रकार, उनके जीवन पथ को बदलने में मदद की। जबकि गीता कई सदियों पुरानी है, इसके हर शब्द में निहित तर्क और ज्ञान इसे एक कालातीत मार्गदर्शक बनाते हैं। भगवद गीता के चिरस्थायी मार्गदर्शक सिद्धांतों को समझने से हमें रोजमर्रा की जिंदगी में कैसे और क्यों की गहरी अंतर्दृष्टि प्राप्त करने में मदद मिल सकती है। तो, भगवद गीता पढ़ने के कई फायदे हैं।

जैसे जब हम बाजार से एक इलेक्ट्रॉनिक खिलौने खरीदते हैं तो उसके साथ एक मैनुअल भी मिलती है जिसमें यह बताया जाता है कि उसे खिलौने को कैसे चलाया जाता है इस तरह भगवत गीता हमारे जीवन की मैनुअल है जो हमें बताती है हमें जीवन कैसे जीना है।

भगवद गीता हमें हमारी समृद्ध संस्कृति और परंपरा से परिचित कराती है।

श्रीमद् भगवत् गीता के श्लोकों का जिक्र करने से हमें रोजमर्रा की जिंदगी की विभिन्न समस्याओं का समाधान खोजने में मदद मिल सकती है।

भगवद गीता को पढ़ना हमें जीवन के बारे में सच्चाई से परिचित कराता है और अंधविश्वास और झूठी मान्यताओं से मुक्ति पाने में हमारी मदद करता है।

गीता से प्राप्त ज्ञान हमारे संदेहों को दूर करता है और हमारे आत्मविश्वास का निर्माण करता है। भगवद गीता के श्लोक हमें मनुष्य के रूप में हमारे कर्तव्यों के बारे में बताते हैं।

श्रीमद् भगवत् गीता को पढ़ने से हमें आत्म-नियंत्रण के महत्व और इसका अभ्यास करने के तरीके को समझने में मदद मिलती है। श्रीमद् भगवत् गीता को पढ़कर, हम भौतिकवाद और दोषों से दूर रहना सीखते हैं।

अंत में अपने शब्दों को विराम देते हुए मैं यह कहना चाहती हूँ की भागवत गीता को पढ़ने से हमें जीवन का एक अलग नजरिया मिलता है।

TRUE FRIENDS

Hello! Everyone today I want to express my ideas and feelings on a very important topic "True Friends" . Human is a social being so it's very difficult to live alone in this world, many people try to spend their life in solitude but they are not able to do so. In this world of increasing cases of stress, anxiety and depression among people there is also an ever increasing demand for a person on which we can confide in, we can share our innermost feeling with and that one person is called as "True Friend". But today but today it has become a very difficult task to find this one true friend from the crowd of the world as everybody tries to come closer to you for their selfish interest but you just need to focus on finding your true friend' 'anyone can get any true friend in anyone's face". I have got a true friend as my sister, she cares for me a lot and is the one on home I can confide in .She used to teach me the important lessons of my life and help me to overcome my fear and Desire she also has very beautifully balanced between her friends and me giving equal importance to both of them without giving anyone of them a chance to complaint ever , so I can say that I have got a true friend in her and you can also get one, just you need to carefully observe everyone around you and never ever say anything to a person that could hurt him/her at the bottom of his/her heart as this could leave an everlasting wound on anyone

Your words need to be chosen carefully otherwise many miss understanding comes between your friendship which ultimately leads to its destruction A true friend remains always with you in your happiness and your deepest grief and help you to overcome your problems, you can also get one in the form of your parents, brothers ,sisters ,fellow mates or your teachers just you need to find them.

And you should also never ever treat anyone in a way that can have a bad impact of your in someone's mind ,many a times people take steps intentionally to hurt someone but the steps of yours can lead to tension for someone, the steps taken to intentionally target anyone is very wrong and also try to think every time, from everybody's aspect putting yourself in the same situation as then only you can realise the feelings of a person, so you need to see both sides of your taken step but ,what we do is that we take steps to hurt people and this gives birth to a feeling of hatred in the minds of others for us ,love is a feeling in human being that comes by birth and everything can be settled by love as it comes naturally to human heart .

We should always respect everybody's feelings and never ignore anyone.

Even one can capture over his enemy by love "as by hating we can only finish our enemy but by loving we can finish the rivalry" in this world of possessions nothing is permanent so, at last everything will be gone just your true friend will be with you till last. So you should learn to respect others and their feelings. So I hope you like my view points on a true friend and I hope my message is conveyed to you as I wanted to. Thanks for giving me a chance for sharing my thoughts with you all and I hope you will ignore my mistake and will motivate me for my future works I will soon come back with a new article sharing my views on many other topic of your interest.



DHRUV CHOUHAN
CL-XI

INTERNATIONAL WOMEN'S DAY

The School celebrated International Women's Day with fervour and enthusiasm on the 7th of March 2024 with the theme "Invest in women: Accelerate Progress", bringing out the importance of women, who transform, nurture and create the society with an urge for action to accelerate gender parity. The event was dedicated to all the strong women in the world, especially the women members of the JVM family.

As a heartfelt gesture of gratitude and respect for the entire women faculty of the school, a small get-together program and a special assembly was also organized by CI-9 prepared by MS.Sandhya & Ms. Aarti .

Cake cutting was done by all the women faculty. The male staff greeted the female staff, appreciated their endeavor and the event proceeded by the delightful snacks party. It served as a reminder of the invaluable contributions of women to society and the importance of unity in advancing gender equality.



SPECIAL ASSEMBLY ON WOMEN'S DAY BY CL-9



Empowering the Future: Voting Awareness Program

In an endeavor to foster civic engagement and empower the future leaders of our nation, JVM School recently conducted a comprehensive voting awareness program targeted at students above 18 years old, as well as teachers. With the imminent state elections on the horizon, the initiative aimed to equip participants with the knowledge and importance of exercising their democratic right to vote.



BON VOYAGE BASH - 2023-24

The Multi Purpose Hall of Jindal Vidya Mandir, School echoed with the blessings on the afternoon of 20 March 2024 when JVM Family came together to bid farewell titled as 'Bon Voyage' to the outgoing 2023-24 batch of class XII students.

The function commenced with the formal welcome of the outgoing batch by putting tilak on their foreheads by the host new class XII

An entertaining group dance was presented by the girls whereas the pick of the day was the humorous skit and dance put forward by the boys.

Modelling was also done by the seniors along with the entertaining games and cool tasks.

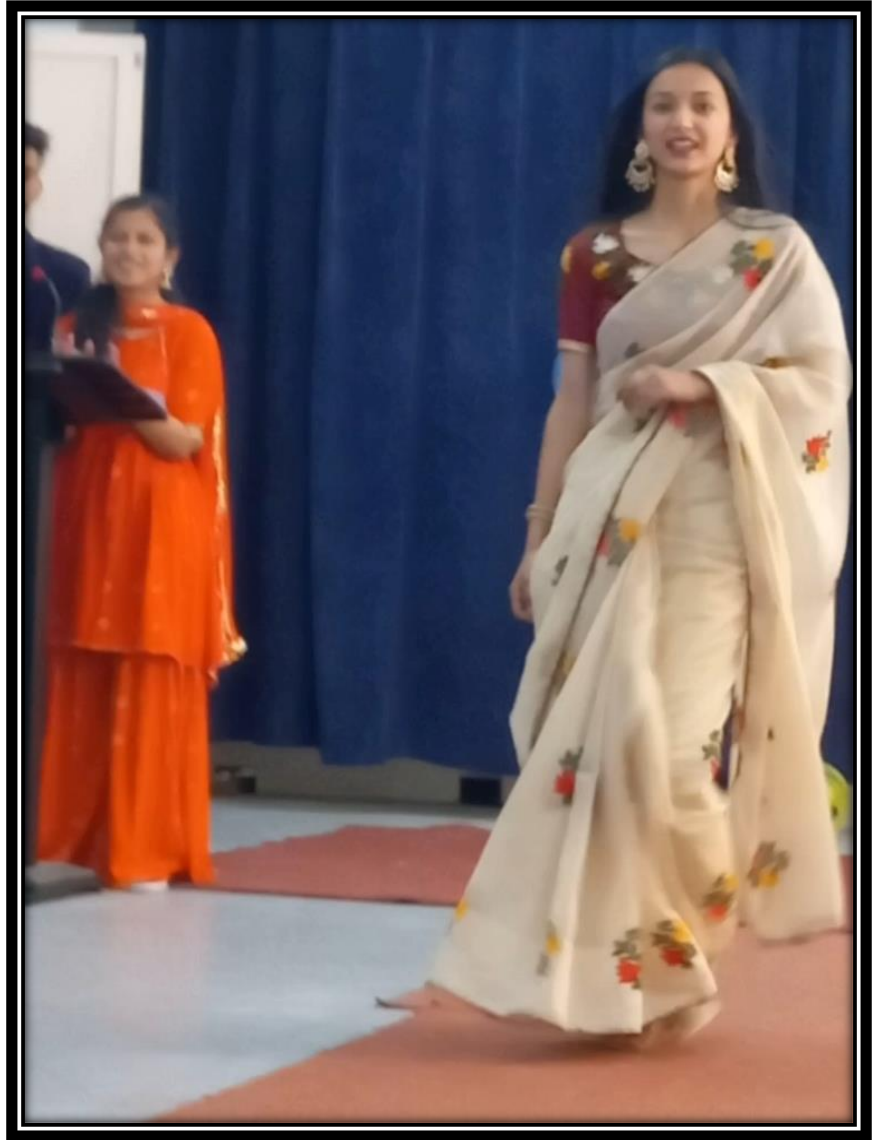
The enthusiastic involvement of seniors in the program was commendable. Along with performances they shared their memories and golden days of school. Cake cutting and small meal with afterparty was done to commemorate the event.

Principal Sir imparted wisdom and guidance, urging students to balance their ambitions and not to indulge in the wrong crowd. The students were wished good luck for future years.

His speech highlighted the seniors as exemplary figures, leaving them with blessings for future success and the hope to contribute meaningfully to society.

This whole event was enjoyable and received active participation and appreciation from all the students, faculty and staff members.

It was indeed a fun and memorable day for the students and teachers.









SCHOOL DISASTER MANAGEMENT PROGRAM

On March 19, 2024, Teacher Tsultrim Gyatso from Jindal Vidya Mandir School in Babanagar attended a one-day workshop organized by the District Disaster Management Authority (DDMA) in Kinnaur. The workshop aimed to teach teachers about disaster management and how to use a mobile school safety app.

During the workshop, Tsultrim Gyatso and other attendees learned important skills to handle disasters like earthquakes, floods, and fires. They also learned how to keep their school and students safe during emergencies.

One of the main highlights of the workshop was learning how to use a mobile school safety app. This app helps schools upload important safety-related data, making it easier to coordinate and respond during emergencies.

Overall, the workshop was a valuable learning experience for Tsultrim Gyatso and other teachers, equipping them with knowledge and students and schools in the face of disasters.



WHY NSS OR NCC ??

- Certainly, here are the points explaining why it's important to take the date of NCC (National Cadet Corps) and NSS (National Service Scheme) students when creating a disaster management plan for a school in India
- 1. "Emergency Response Capability" NCC and NSS students often undergo training in disaster management and first aid, making them valuable assets during emergencies. Their skills can be leveraged to enhance the school's emergency response capability.
- 2. "Organized Support" By including NCC and NSS students in the disaster management plan, you can establish organized support teams that can efficiently handle various aspects of emergency situations, such as crowd management, evacuation, and medical assistance.
- 3. "Leadership and Coordination" NCC and NSS students are trained in leadership and coordination, which can be crucial during crises. They can take on roles as team leaders or coordinators to ensure smooth execution of emergency protocols.
- 4. "Community Engagement" Including NCC and NSS students fosters a sense of community engagement and responsibility. They become active participants in ensuring the safety and well-being of their peers and teachers during disasters.
- 5. "Diverse Skill Sets" NCC and NSS students often possess diverse skills, including communication, teamwork, and problem-solving abilities. These skills complement the overall disaster management effort, creating a comprehensive plan.

Incorporating NCC and NSS students' skills into the disaster management plan significantly strengthens the school's ability to effectively respond to various emergencies.

Training Camp Workshop
On
School Safety App

PEER EDUCATION AND WELLNESS SESSION

Peer Education and Wellness session was conducted for Classes IX to XII by Chakshita Shuwal and Omkar Srivastav.

Peer learning is an education method that helps students solidify their knowledge by teaching each other. One student tutoring another in a supervised environment can result in better learning and environment.



CREATIVITY BOARD FOR THE MONTH OF MARCH 2024

Unleash Your Style: Welcome to our Creativity Board on Fashion Designing! Explore a kaleidoscope of colors, textures, and trends as you embark on a journey of sartorial innovation. From sketch , let your imagination soar and redefine the boundaries of fashion with every stroke of your pencil . Get inspired, experiment fearlessly, and make your mark on the runway of creativity!"

CHILDREN'S CREATIVITY BOARD



RANG BARSE : COLOURS OF JOY

On Saturday, 23 March 2024, the first Special Assembly of this session was conducted by the students of class IX in the school assembly ground to celebrate Holi- the festival of colours.

Samiksha Palsar (IX) presented a talk on the religious significance of Holi and to commemorate the victory of good over evil. This was followed by a mesmerizing dance, showing how the people of Vrindawan played Holi with Krishna and Radha.

This performance by the students filled the atmosphere with colours of joy. The efforts of the students were highly appreciated by all.

All the students from class- Nursery to XII actively participated in a short parting ceremony, the day before Holi and played Holi with their peers and teachers.





Shot on realme 1
By Sanjeev Dhiman

Reflections of Hope

Good Friday Special Assembly

The Class 8 students delivered an outstanding skit during the morning assembly, commemorating Good Friday. Their performance was remarkable, filled with emotion and meaning. They truly brought the spirit of the occasion to life, showcasing their talent and dedication. Well done to all the students involved for their exceptional portrayal and for reminding us of the significance of this day.





DEPARTMENT MEETING

A department meeting was conducted by the heads of departments (HODs) on 16th March 2024. The purpose of this meeting was to discuss the status of the upcoming PA1 exam syllabus and revision status for it. The meeting covered various important topics, including strategies of classroom teachings being used, innovative ideas for making the classroom learning more effective and the status of remedial classes.

The HODs reflected their ideas on how to make the teachers' classrooms more interactive and the development of learners' spoken skills. They also discussed the weightage of HW and class tests given to students weekly, especially in the primary classes. We hope that all these plans and ideas brainstormed during the meeting will result in a better performance of the students in their coming PA1 examination.



2024/3/16 14:14



2024/2/15 14:56

I prefer a
hands-on
experience



SCIENCE ACTIVITY

Safety Rules



Safety rules are crucial for preventing accidents, injuries, in various environments, including workplaces, public spaces, and homes. Adhering to safety rules can result in several positive outcomes. Students of CI V did role play on Safety rules to be followed during Swimming, In automobiles, Electric shock, fire and fracture

Our Helpers



The diversity of work activities reflects the multifaceted nature of human labor, encompassing a wide range of skills, roles, and contributions. Whether through physical labor, intellectual pursuits, service-oriented roles, creative endeavors, entrepreneurship, caregiving, volunteerism, or remote work, individuals engage in varied activities that shape societies, drive economies, and enrich lives.

SOCIAL SCIENCE ACTIVITY



Class 8 conservation efforts underscore the transformative power of youth-led initiatives in addressing pressing environmental challenges. Their dedication, creativity, and passion for conservation have not only made a tangible impact within the school but have also sparked positive change in the wider community, leaving a lasting legacy of environmental stewardship for generations to come.

HINDI ACTIVITY



The spider web-making activity offers a combination of skill development, creativity, and sensory exploration, making it a rewarding and enjoyable experience for participants.

MUSIC ACTIVITY



Teaching "Congo beat ti ta ta dhi na na" to Class 4 students introduces them to rhythmic patterns, cultural music, and coordination. Through clapping and chanting, students develop auditory skills, teamwork, and an appreciation for music diversity. This activity enhances their cultural awareness while fostering creativity and a sense of rhythm.

PRE PRIMARY ACTIVITY



Passing the ball game with kindergarten children fosters teamwork, improves motor skills, and encourages social interaction. Through catching and throwing, children develop coordination, learn to take turns, and build confidence in their abilities, all while having fun and staying active.



Co curricular activities are an essential part of the educational life at all levels. Activity based learning is always fruitful for students. It allows us to break up the monotonous routine of school and enhances the learning process of students. We at Jindal Vidya Mandir, Sholtu, give importance to the holistic development of a child.

Every 1st, 3rd and 5th Saturday, we conduct a lot of fun-filled activities. Third Saturday of March (16/3/2024) was indeed special for students of JVM Sholtu as a plethora of co-curricular activities were conducted for them.



The handprint activity in pre-primary provides a holistic learning experience that encompasses various aspects of child development, including physical, cognitive, social, emotional, and creative domains.



The "Numbers Connect" activity aims to lay a strong foundation for mathematical concepts while promoting important developmental skills in pre-primary children in a fun and interactive manner.

2024/3/16 10:15



Students of Grade 1 and 2 had a musical chair, dumble drill and shape based activities, which they enjoyed thoroughly.



Students of Grade 3, 4 and 5 participated in pencil and stone decoration activities as to nurture their curiosity, creativity and collaboration with peers. Also, they participated in hurdle races vigorously.



The stone painting activity for children in classes 3, 4 & 5 aims to nurture their artistic talents, developmental skills, and appreciation for the natural world in a fun and engaging way.





To develop a sense of team spirit, stamina, friendliness and confidence among students special classes for sports activities were conducted .

Students of classes 6,7 and 8 enthusiastically participated in hurdle race, long jump and triple jump the activities and thoroughly enjoyed the day as they showcased a lot of energy and enthusiasm while participating in all the activities.

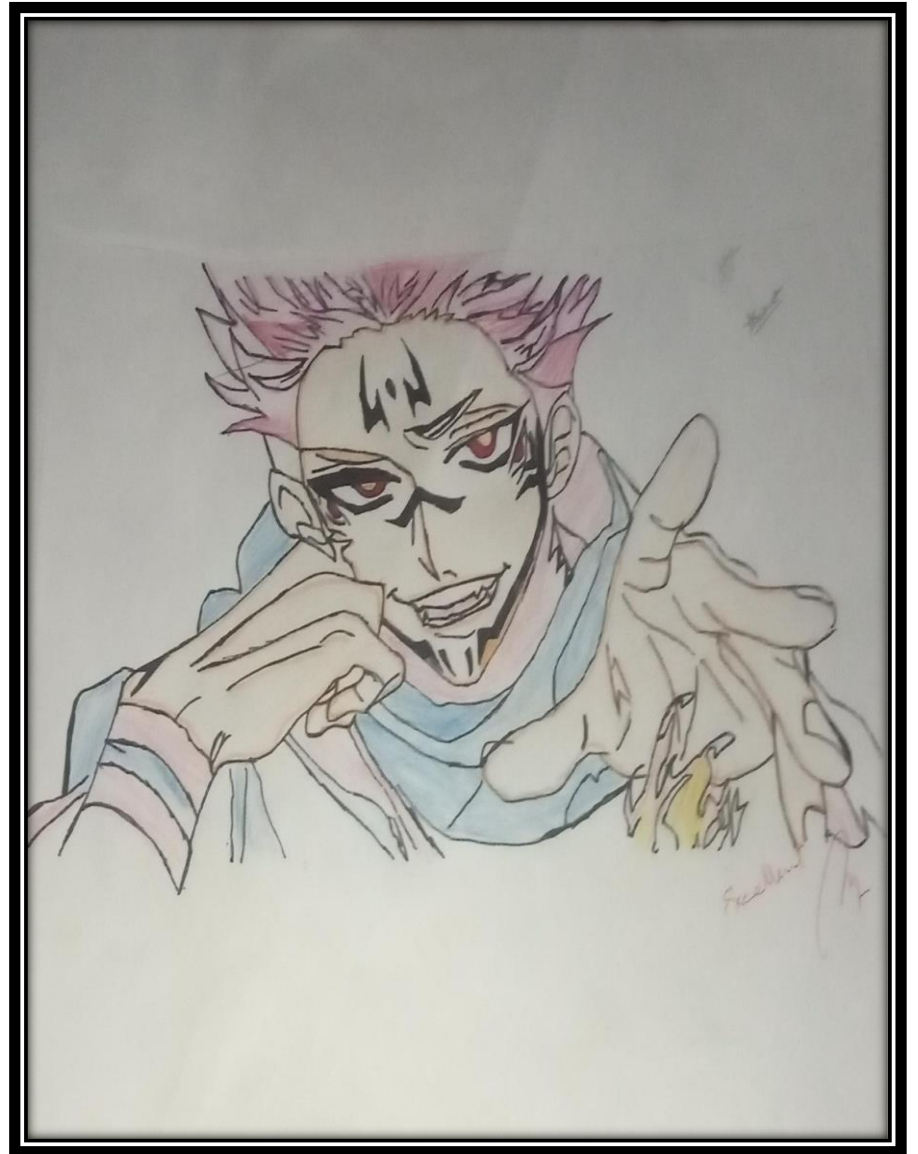
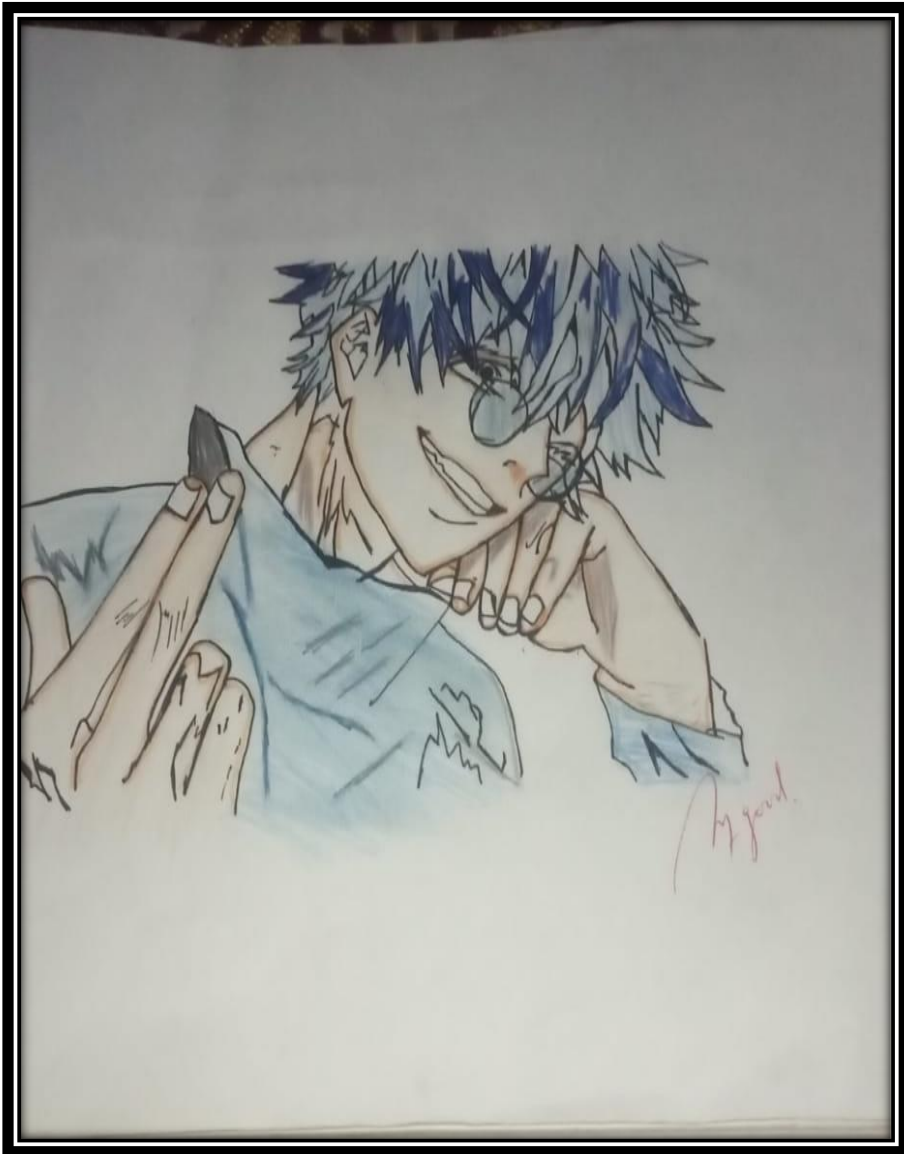






ARTISTS' CORNER

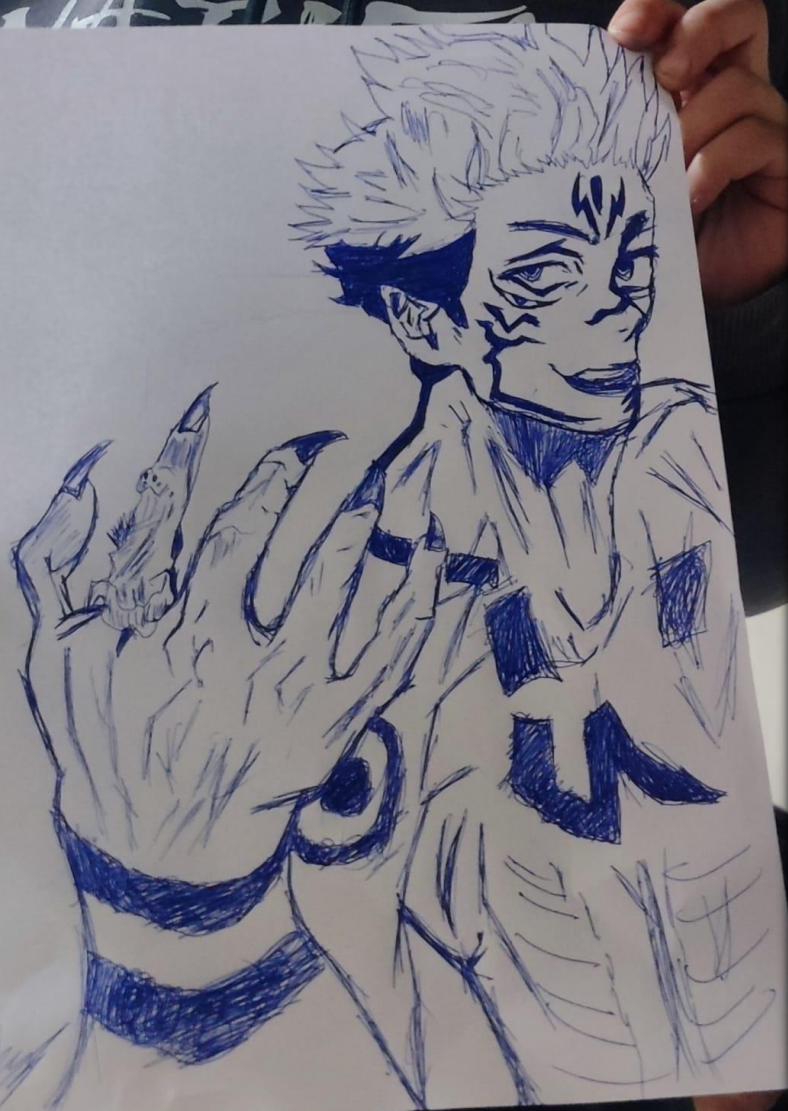






THE MIND IS EVERYTHING
WHAT YOU THINK YOU BECOME

BUDDHA





STUDENTS EDITORIAL BOARD



SAMEER

X



PRAGATI

X



TEACHER'S EDITORIAL BOARD



Editing
DINESHWARI



Write up
MADHU



Graphics & designing
SEEMA



Thank You!